

October
2026

The Holt Chronicle

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by David Thacker

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THE HOLT CHRONICLE

The deadline for the November Issue is noon **MONDAY 26th OCTOBER**
The next issue will be published on **6th November 2026**

Your local Editor for Holt Chronicle is Jo 01263 821463

Email **Editorial (or Billboard Ads)** to info@holtchronicle.co.uk or leave Billboard ads only in our collection box in

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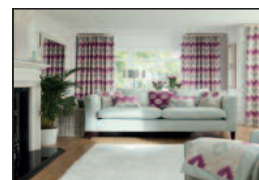
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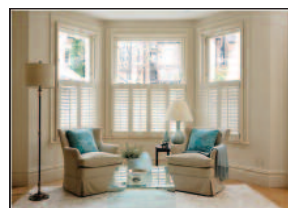
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A Note from the Editor

The nights are drawing in, and the leaves are turning, it must be autumn, and with that comes Halloween and Bonfire Night. Whilst it is fun for the youngsters (and not so young!) to dress up and do the rounds for Halloween, please spare a thought for the elderly and vulnerable who may be unsettled by unknown callers and only call on those who display a pumpkin.



Bonfire Night can be very distressing for pets and wildlife, remember to keep pets safe and secure indoors whilst the fireworks are going off. Maybe think about attending an organised firework display, less hassle and better fireworks!

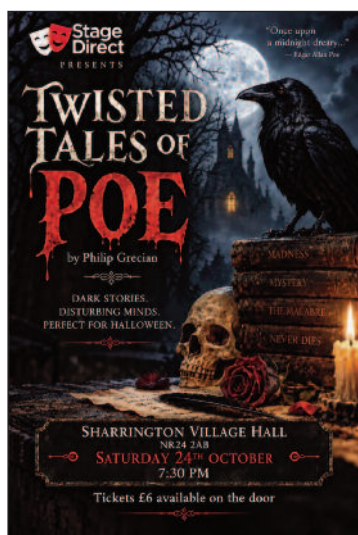
The clocks go back this month on 25th October, an extra hour in bed and the promise of cosy evenings in front of the fire.

Whatever you are up to this month, enjoy your magazine.

Jo – editor.

Here are the deadline dates and publishing dates for the next 3 magazines:

Month	Copy deadline	Publishing date
November	Monday 26th October	Friday 6th November
December	Monday 30th November	Friday 11th December
January	Monday 4th January	Friday 15th January



Stage Direct
PRESENTS
TWISTED TALES OF POE
by Philip Grecian
DARK STORIES. DISTURBING MINDS. PERFECT FOR HALLOWEEN.
SHARRINGTON VILLAGE HALL
NR24 2AB
SATURDAY 24th OCTOBER
7-30 PM
Tickets £6 available on the door

Stage Direct

Fancy something macabre and sinister this Halloween?

From the legendary pen of Edgar Allan Poe, Stage Direct presents a unique 'Radio Play' by American author Philip Grecian.

This acclaimed piece includes the classic poem 'The Raven' as six condemned prisoners re-live their crimes while contemplating their fate...with the gallows awaiting!

Complete with live sound effects, this eerie, spine-chilling play is presented in classic 'radio' style with the actors gathered around microphones delivering these macabre and sinister tales for your delectation.

This is a ONE NIGHT ONLY event at Sharrington Village Hall on Saturday 24th October at 7.30pm.

Tickets are only £6 and are available on the door from 6.30pm. (Cash only) To avoid disappointment, seats can be reserved in advance by texting POE and your name to 07957 812359



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holtcommunitycentre@gmail.com

www.holtcommunitycentre.org

Holt Community Centre is a registered charity no 1046613

WHAT'S ON

OCTOBER

Wednesday 14

Malcolm's Tea Dance

2pm - 4pm | £5 including refreshments!

Wednesday 14

Cash Prize Bingo

Doors 6:30pm | Eyes down 7:30pm

Saturday 17

Queen Tribute - Hammer to Fall

Doors 7pm | Starts 8pm

Tickets £10 | Online | HCC

We sold out last time, get yours now!

Tuesday 20

John Jarvis' Memory Swap

2pm - 4pm | Free entry

Donations greatly appreciated

Tuesday 20

HCC Annual General Meeting

Doors 6:30pm | Starts 7pm

See website for more info

Wednesday 21

Through Young Eyes Evening

6:30pm - 8:30pm | Free entry

For parents and young people aged 11-21

Friday 23

Holt Society: RAF North Creak

Doors 6:30pm | Starts 7pm

Tickets £4 if booked in advance

Saturday 24

Big Top Wrestling

Doors 6:30pm | Bell time 7:30pm

Adults £12 | Kids £8 | Call 07983 150604

Wednesday 28

WCC: Intouchables

Doors 6:30pm | Starts 7:30pm

Single view £6.50 | Season tickets £25

Friday 30

Mark's Music Mania Quiz

Doors 6:30pm | Starts 7:30pm

£3 per person | Teams of up to 6

Saturday 31

Fancy Dress Halloween Disco

8pm - Midnight | Entry £5

Cash prize for the best dressed!

See website for up-to-date details

A Message from the 2025-2026 Committee

Another year has flown by, and what a year it's been! The number of people through our doors continues to increase, allowing our groups, activities and classes to flourish. Furthermore, our recent projector appeal has shown us how the community will band together to support HCC. These, and many other heartwarming achievements, have shown us just how important HCC is to local people.

We'd like to thank every one of our supporters, for continuing to make this space yours. The centre doors wouldn't be open without the dedication of our staff and volunteers. We truly appreciate your hard work!

This month will see our Annual General Meeting, (Tuesday, 20 October), where the community is invited to hear about the Centre's activities over the past year, as well as our plans for the future.

Committee positions will be up for election, and we hope many local people will put themselves forward. If you'd like to apply, please see our website, or visit the office. Applications close at 6pm on Friday, 9 October.

Many of us will be standing for re-election at this year's AGM, and hope to continue our work ensuring HCC's success. We hope to see you there!

WCC: Season Three Continues...

Season 3 of the consistently popular Holt World Cinema Club is now underway.

The next date for the diary is 28 October, when the film will be *Untouchable* (Intouchables) France, 2011, certificate 15, 1h 52m. Directors: Olivier Nakache, Eric Toledano. A rich quadriplegic living in a mansion in Paris advertises for a live-in carer. A young offender turns up for an interview, but is not really expecting to get the job. However, to his surprise, he is hired. The two men then develop a close friendship.

Season tickets at £25 per person are available for purchase now, either in person from Holt Community Centre (payment by cash or card) or online via the Community Centre website.

If you have kindly supported this venture through the purchase of a season ticket in a previous season, we do hope you will feel able to do so again this time round.

Individual tickets at £6.50 per film are available in advance online or in person from the Community Centre. Walk-in tickets should be available on the door on the night, but do remember that space is limited.

For the most up-to-date information, check the HCC website, or via telephone or email.

All money raised, after covering costs, goes to Holt Community Centre (a registered charity).

It's All a Question of Music!

What have Kylie, Wham, Queen, Blur and The Clash got in common?

Answer, they are all subjects or answers in Mark's Musical Mania quiz at Holt Community Centre.

Put together by music writer and community centre committee member Mark Taylor, the Musical Mayhem quiz will take place at the centre on Friday, October 30.

Mixing aural, visual and written rounds, there will be ten rounds to test the most basic and the most informed of musical knowledges.

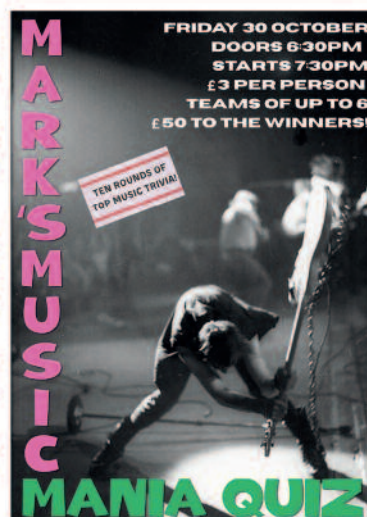
Covering every genre from rock to pop, country to punk, indie to ska and reggae to goth and so many more in between. There is a prize of £50 for the winning team but overall it will be fun with a musical theme.

Entry is £3 per person for teams of up to six people and you can book your team's table by calling the community centre in advance or on the door.

Doors and bar open at 6:30pm and the first question will be asked at 7:30pm so don't be late.

Get quizzical and get into the groove.

It's going to be a laugh.



Forthcoming Events

Friday 16th October

Holt Methodist Church are holding their Afternoon Tea from 2-4pm at Holt Community Centre (The Venue). There will still be a wonderful selection of homemade cakes. PLEASE NOTE CHANGE OF VENUE.

Saturday 24th October

St. Andrew's Church, Great Ryburgh NR21 0EB at 9.30 – 12 noon
Ryburgh October Market: Books, plants, crafts and gifts. St. Andrew's Pantry open. Free entry. Details from: 01328 829413

Tuesday 27th October

Open the Church to God's Creation, 2 - 4 pm at St Andrews Church, Church St, Holt. NR25 6BB. A variety of craft activities and games including pumpkin carving, churchyard trail, making a bird feeder. Children must be accompanied by an adult. All welcome.

Thursday 29th October

Gresham Methodist Chapel invite you to a Coffee Morning at 10 a.m. - 12 noon. Along with coffee and tea, you will find a Cake Stall, Gifts & Cards stall and a Raffle, and a warm welcome to everyone. Come and enjoy a time to sit and have a chat with friends.
Proceeds for Chapel funds.

Friday 20th November

Holt Methodist Church are holding their Afternoon Tea from 2-4pm at Holt Community Centre (The Venue). There will still be a wonderful selection of homemade cakes. PLEASE NOTE CHANGE OF VENUE.

Saturday 12th December

Fakenham Choral Society's Christmas concert will take place at 5.30 pm in Fakenham Parish Church. Tickets are £10, with under 18s free (but do require tickets) and will be available here:
www.fakenhamchoralsociety.org/forthcoming-1

Halloween Facts

The origins of Halloween began 2,000 years ago. The first Halloween celebrations can be traced back to the ancient Celts who lived in the area now occupied by Ireland, the United Kingdom, and northern France, and celebrated a festival called Samhain on October 31st.

Halloween photos usually depict a full moon that is beaming, but a full moon occurring on Halloween only occurs three or four times every century. On average, the moon is full every 19 years on Halloween, with the last occurrence in 2020!

Keep an eye on your sweets! Over 90% of parents steal their children's Halloween sweets!



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Rotary

Tickets £5
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I'm making a splash for charity

2026 Charity Duck Race

Friday October 9th – The Venue Holt - 18.30

Come and take part in the inaugural Holt Duck Race with all surplus going to local charities and at least half of this committed to supporting Holt Primary School's project to refurbish its library. It's duck racing but not as you know it.

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**The Parish Church of St Andrew the Apostle
with All Saints, High Kelling**

**Open the church...
to God's Creation**

**Tuesday 27th October 2026
2- 4pm**

A variety of craft activities and games
including pumpkin carving, churchyard
trail, and making a bird feeder.



Children must be accompanied by an adult

The Friends of Binham Priory Present

WELLS RNLI – FROM PAST TO PRESENT



A talk by Wells RNLI Coxswain Nicky King

**Friday 13th November – 7.30pm Binham
Village Hall, NR21 0DQ**

Tickets - £12.50 available from 1st October
from wellsmaltings.org.uk/01328 710885
including a glass of wine/soft drink
Doors open 7pm

**BRISTON
HISTORY
Illustrated
TALK**



**Saturday 24th October ~ 7pm
The Copeman Centre, Briston, NR24 2LG**

Renowned local historian, Simon Kinder, will give a 45-
minute illustrated talk on the village including a
whistle-stop tour of snippets of Briston history.
After a short interval, there will be the opportunity
for a Q & A and sharing of tales from Briston's past.
Please bring photos and anything you have to share

ENTRY £0 **INTERVAL BAR**
PAY ON THE DOOR - NO NEED TO BOOK
Profits to All Saints Church, Briston



John and Jacqui Hurst 'Seas the Day' Pop Up Exhibition

Friday 16th – Sunday 18th October 10 – 4 daily

Local, professional watercolourist, John Hurst and wife Jacqui who specialises in lino printing, are holding a 'pop up' style exhibition in Cromer during October. The location is the charming 'Seas the Day' gallery shop at 31 Garden Street, Cromer, part of the nearby Garden House Galley exhibition venue.

Taking place from Friday 16th to Sunday 18th October 10-4 daily, the exhibition will feature many new, locally inspired paintings, prints and greetings cards. **A warm welcome is assured!**

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Briston & Surrounding Villages

We are a friendly group who meet on the first Wednesday of the month at The Copeman Centre in Briston. Each month we have a speaker to interest/entertain.

Our next meeting will be on Wednesday 4th November 2026, when Susie Farndon from the "Norfolk & Norwich Bat Group" will be coming to talk to us about the work of the group and bats in general. (Please note there will be no meeting in December, when we have our Christmas meal, nor in January.)

On Wednesday 3rd February 2027 at 7.30 pm we have Rey Major coming to give us a talk entitled "Scotland's Wildlife Photographer". The talks are free for members, or £4 for visitors, to include refreshments afterwards. All are very welcome.

For more information, or if you wish to join our group, please contact Wendy Seward on 07540 843326, or Sandra Dickinson on 07890 621070.

The Write Stuff – Creative Writing Group

The Group moves from strength to strength and met on Friday 18th September at Holt Community Centre, with suggested writing prompts set for this meeting as: "Fire" and "A Character Meets Their Author". As a response to those - and other writings - we had the usual fantastic array of poetry and prose, comedy and tragedy with a strong slant towards Mr Dickens.

Sue Bayliss: "Requiem for Dulwich Heath" "Continuation of The Cold Encounter on a Snowy Day" and "A Character (or Two) Meets Their Author",
Joy Hodge: "Playing with Fire", "Mr Jaggars" and "Eeyore's Letter",
Peter Merrill: "Fire",
Marilyn Roberts: "Fagin Appears",
Steve Lee: "Feu D'Artifice" and "Reverting to Type",
Monica Tobias: "An Adult Oliver Goes to Meet Mr. Charles Dickens",
Mary Worsley: "Two Spirits Meet" and "Grandma's House",
Irene L'Anson: "Fire".

The Group meets again on 16th October having set three new ideas for writing: "Sports Day", "The Wedding" and "Something Based on a Favourite Song Lyric".



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Corpusty & Saxthorpe Village Hall Events



Local Church History Day:

Saturday 10 October, 10am at Corpusty & Saxthorpe Village Hall.

Dr Brendan Chester-Cadwell will be leading a study day based at the village hall but visiting St Andrew's Church Saxthorpe, St Peter's Church Corpusty and St Peter's and St Paul's Church and the Tower Edgefield. He will discuss the changes in church design and usage - late 13th to 16th century. An all-day event; £15 per person; bring a packed lunch; tea and coffee provided. Booking essential - email caroline.randell@hotmail.co.uk

Prize Bingo: Saturday 24 October 6pm at Corpusty & Saxthorpe Village Hall



LASTING POWERS OF ATTORNEY



Why are Lasting Powers of Attorney so important?

It is a common misconception that a spouse/family member has an automatic entitlement to make decisions for you if you lose mental capacity short or long term, but that is not true. To protect you and your loved ones against a short or long term situation where your husband, wife, partner, children cannot make decisions for you, we highly recommend that you contact us to book a **FREE FIRST APPOINTMENT** to discuss putting Lasting Powers of Attorney in place.

There are 2 different types of Lasting Powers of Attorney – one for financial and property decisions and the other for health and care decisions. Setting up Lasting Powers of Attorney can be likened to the purchase of a home insurance policy. You hope that your house won't burn down, but if it did, then knowing that you have house insurance in place can make a real difference in putting your mind at ease.

We are all living longer and statistics show that 1 in 3 of us will develop dementia. Covid and lockdowns have made Lasting Powers of Attorney even more important, especially if you become housebound or are isolating.

It is vital to release the burden from loved ones to allow them to access your money and pay for your care. Banks can freeze accounts if capability is lost, even if in joint names.

A Lasting Power of Attorney negates these issues and gives you and your loved ones peace of mind.

Please contact us to make a FREE FIRST APPOINTMENT to discuss this further.

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Music for Remembrance

Sheringham and Cromer Choral Society open their 2026-2027 with a concert of reflective Music for Remembrance, featuring Maurice Duruflé's Requiem, in St Peter's Parish Church Sheringham at 4:00 pm on Saturday 14 November.

Whilst in occupied France during the Second World War Maurice Duruflé composed his Requiem and was still working on it in 1944 when the Vichy regime collapsed. He completed it in September 1947. At the time he was exploring Gregorian chants and uses numerous themes from the Gregorian Mass for the Dead.



Aylsham and District Flower Club

Our October meeting is on Wednesday 14th October at Aylsham Town Hall, NR11 6EL, 7pm for a 7-30pm start. Our demonstrator this month is Pauline Foster, and her title is "Flowers in everything we do" so lots of lovely flowers to see.

Our November meeting is on Wednesday 11th November at Aylsham Town Hall, NR11 6EL, 7pm for a 7-30pm start. Our demonstrator this month is Rachael Borenkova and her title is "If Flowers Could Talk" which would be very interesting!

There will be tea and coffee on arrival, the "Flower of the Month" competition, the sales table and a raffle.

Please come and join us for fun, friendship and flowers, visitors are always welcome, £8. We look forward to seeing you then.

For more information please contact: crystalldyball57@gmail.com



The Arts Society Glaven Valley

The Arts Society Glaven Valley meets at Cley Village Hall for lectures on arts-related subjects once a month on the third Tuesday, at 2.15 pm.

New members are welcome, and you can find out more about us and how to join on our website

www.theartsocietyglavenvalley.org.uk

Next Meetings

Tuesday 20 October: Noel Coward: The Man behind the Mask. Was Coward just a camp man swanning about in a dressing gown, dropping acerbic one-liners like cigarette ash from a long cigarette holder? Or one of the most versatile cultural figures of the 20th century? Actor, lecturer and award-winning London Blue Badge Guide Simon Whitehouse reveals Coward's 'star quality'.

Tuesday 17 November: Three Wise Men: Gold, Frankincense and Myrrh. We anticipate the start of the festive season with this lecture on the priest-sages who travelled from the East to worship the infant Jesus. Who were they? Were there just the three of them? and did they really bring gold, frankincense and myrrh? Join lecturer Christopher Bradley to find out more.

Visitors are welcome to attend either lecture on payment of £10 please email tasgvsecretary@gmail.com

Published in 1912 John Ireland's anthem Greater Love uses words from various parts of the Bible and makes the firm assertion that 'love is strong as death; greater love hath no man than this, that a man lay down his life for his friends'. In 2012, and with the WWI centenary approaching, Laurence Caldecote wrote a new remembrance piece, dedicated to those from the British colonies who had fought for the Allies in many parts of the world. He set In Flanders Fields, as it was written by a Canadian serving in Europe. Also works by Vaughan Williams and Walford Davies.

For this concert the choir conducted by Musical Director David Ballard, will be joined by soprano Zaira Palumbo and baritone Matthew Rengert together with organist William Falconer.

Tickets £18 (under 18s and care-givers free) are available now from the box office at Sheringham Little Theatre 01263 822347 and online at

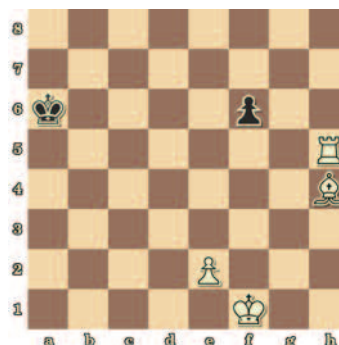
www.sheringhamlittletheatre.com

Also from Upstairs Downstairs Cromer (cash only).

For full programme details and more information about the Society please visit www.sheringhamandcromerchoral.org.uk

CHESS PROBLEMS by Dr Cedric Lytton

355. Cedric Lytton
The Guardian, 21 Feb. 1969



355. Helpmate in four moves

Solutions and comments to me at 16 Lime Grove, Sheringham NR26 8NX, or e-mail to lestershaw7@gmail.com

Solution to last month's Helpmate, but no new problem as Cedric has had an accident and is laid up for a few weeks. We wish him all the best as he recovers - new problem next month.

Solution No. 355.

1. Kb6 Bg5 2. Kc5 BH6+ 3. Kd4 Rg5 4. Ke3 Rg4 mate. White sets up, first a R+B battery, then a B+R battery, in both cases unguarding a square for the black K.

Gresham Methodist Chapel
Sustead Road, Lower Gresham, NR11 8RE

Coffee Morning

Thursday
29th. October
10 a.m - 12 noon

Cards & Gifts Raffle Cake stall

Proceeds for Chapel Funds

SEEING RED

COMMON THREADS TEXTILE EXHIBITION

13-22 November 2026
Haide Gallery, Wells Matings, NR23 1AU
Open daily 11am-4pm
Private View 6-8pm Thursday 12 November

QUIZ & CHIPS NIGHT

WEYBOURNE VILLAGE HALL

Saturday 24th October
Doors open 6.30pm for 7.00pm start

£12 per head

includes fish & chip supper

Bring your own drinks, glasses, condiments & cutlery
Maximum 6 per team

BOOKING ESSENTIAL

Please call Sandy on
01263 588883

IN AID OF WEYBOURNE COMMUNITY FUND

What's on at Bodham & Beckham Village Hall

October Events

BOOKING REQUIRED

19th October & 2nd November 10am - 12 noon
North Norfolk U3A Computer & Associated Technologies.

For more information, please
go to: www.northernorfolk3a.org.uk

22nd October 2pm - 4pm
NNU3A Music Appreciation Group.

For more information visit
www.northernorfolk3a.org.uk

23rd October & 6th November 10am - 1pm
Sewing Group

11th October 9.30am - 11am.

No Group 7.30pm - 9pm

Nikki's yoga classes are a mix of styles and can vary each time. She has a theme for each one which will concentrate on a particular subject or part of the body. You can keep up to date on fb <http://www.facebook.com/doingyogawithnikki>. Nikkibalding@gmail.com. Call 07935250114

12th, 19th & 26th October & 2nd November 5pm - 7pm

NGMA—Lil Nippers (4-7yrs) 5pm - 6pm.

Karate Kids (8-12) 6pm - 7pm.

www.ngmamartialarts.com or just send us a message on Facebook @ NGMA Nate Gregory Martial Arts.

17th October 10am - 1pm

Bodham Bazaar.

Crafts, Bris-a-Brac, tabletop, car boot, tombola and of course refreshments.

Come along and join us. Book a table:

secretary@bodhamvillage.co.uk

Free entry

NO BOOKING REQUIRED

13th & 20th October & 3rd November 3pm - 5pm

Toasty Tuesdays - Toasties & Games Yr 7-11

(Ages 11yrs - 17yrs).

Email: leonard@weybourne.church

21st October & 6th November 7.30pm—9.30pm

North Norfolk Photographic society.

Visit www.nnps.uk for more information

21st October & 4th November 2pm - 4pm

Craft and Chatting.

If you enjoy knitting, crochet, artwork or other crafts why not join us. £3 per meeting includes refreshments. Please pop in. For info contact Carolyn on 07748 933250

11th & 25th October 4pm - 5pm

Bodham Church.

Come and join us for our lovely, welcoming Church Service. Please join us.

31st October 10am - 12pm

Community Café.

Join us for a cuppa and cake with a good natter.



31st October 10.30am - 12 noon

Iceni Drumming.

The sessions are sensitively guided by a local drum maker, musician and artist, in a way that is inclusive and fun! Beginners welcome. Free drum hire. You are invited to bring a drum if you already have one. Free child with fee paying adult.

15th October & 5th November 10am - 12 noon

Natter Shack.

Every two weeks. Caffeine and Kindness. Toddler Play Space. Free Refreshments, Cakes and Friendly Faces. Come and join us, everybody welcome, not just those from the villages.

13th, 20th & 27th October & 3rd November 1.00pm - 3pm

Exercise for Older Adults

Part of the NHS referral scheme. Fall prevention, Fitness, Flexibility, Fun & Friendship. Call 07493 624 851 for more information.

16th October 6pm - 8pm

Spiritual Hangout.

As well as having stalls, our vision is to provide a relaxed and safe space for spiritual people to come together (for free) regardless of where they are on their journey.

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Entertainment and Events at Weybourne Village Hall

Weybourne Village Hall is an ideal venue for family functions and parties.

Visit our website for more information: www.weybournevillagehall.org.uk

Village Hall 50th Anniversary Exhibition:

Saturday 10th October. From 10am to 4pm, join us as we celebrate 50 years of the Weybourne Village Hall with an exhibition of photos and memories from our time in the village! Entrance is free and light refreshments will be available for everyone.

Film Night: Friday 16th October. Please see our website or posters for the film title. Doors open 7pm for a 7.30 start. No booking necessary. You are welcome to bring drinks and nibbles with you, and please bring your own glass. Ice creams available to buy. Proceeds to Village Hall. Next film Friday 20th November.

Tea and Tech: Wednesday 28th October. Hollie, Community Tech Coach from

NCC will be available between 2 and 4 pm to help you with online shopping, banking, NHS services and more. Bring your device and charger with you, or if you don't have a device NCC may be able to help you. Tea and coffee provided; the session is free, but donations are welcome. For more information email secretary@weybournevillagehall.org.uk

The next Bingo session will be on Friday 30th October. Doors open at 7pm, eyes down 7.30pm. No booking necessary. £1 entry with tea and coffee provided. Please bring other drinks and nibbles if required and your own glasses. Proceeds to Village Hall.

Please see our website for the regular schedule.

For bookings contact: bookings@weybournevillagehall.org.uk

General enquiries: secretary@weybournevillagehall.org.uk

Weybourne Quizzers Raise Funds for Dementia Charity

Another great evening, with new quizzers joining us for this event... so 'Welcome' and hope to see you back. As usual, a high standard of challenging and interesting questions by Quiz Master Alan Cook. This was our third of four quarterly Quiz Nights held every 3 months at Weybourne Village Hall and raised a fabulous £580 for a very well-deserved charity - Rare Dementia Support funded by The National Brain Appeal which provides one-to-one support, training and research for those who face a rare dementia diagnosis. Alan and Sue Cook of Weybourne have organised Quiz Nights for several years and use the Weybourne Village Hall to provide a great evening of entertainment and fun.

A wonderful team of volunteer helpers set-up the Hall with tables, clothes and flowers; Quizzers generously purchase raffle tickets for good, donated prizes; the kitchen team prepare, cook and serve supper, and clear up after the event to ensure the evening runs smoothly.

But of course, none of this would be successful without Alan and Sue Cook at the helm and our fabulous Quizzers who generously donate to the chosen charity for that event. So many thanks, yet again to everyone involved.

The last Quiz night of 2026 will be held on Friday, December 11th at Weybourne Village Hall, Beach Lane, NR25 7AH. Doors open at 6.30pm for prompt 7pm start. Tickets £10pp - CASH ONLY please, to include hot supper. Bring your own drinks and glasses. Tickets go fast for this popular event, so contact Alan Cook on 07379 487230 or alancook101@aol.com

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NNAS

North Norfolk **ASTRONOMY** Society
An Educational Charity promoting Astronomy in Norfolk

Binham Village Hall NR21 0DR

Thursday 22nd October 2026 @ 7:30pm

Beginners Section: The Autumn Night Sky

Main Talks: Space X early history
Development of the Big Bang theory

Admission Price

NNAS Members: £2.00 Non members: £4.00

Further information please visit www.nnas.co.uk or email: events@nnas.co.uk



Diary of a Wildlife Garden

I thought this month I would take a break from writing about my garden and look at what others are doing in

perennials and annuals to encourage wildlife. I also planted Jostaberries, blackcurrants, redcurrants and a step over apple to make it productive for humans too.

As it gradually evolved, I created a log pile and put in a small pond 2'x1'x1'. Actually, it's a horse feed trough that I have sunk into the ground, and then I used a terrapin ramp as an escape for any wildlife that might fall in.

and drinking. Damsel-flies often drop by to visit too.

I love growing echiums as their tall 12-15' towers are a magnet for bees. A small patch of garden can really help wildlife and look colourful. I also benefit with fresh fruit."

I think this illustrates perfectly that you don't need a huge garden to do your bit

for wildlife, and you may even be rewarded with a prize or two!

In my own garden, everything is recovering from the drought, but there are still not many insects around, particularly dragonflies. The

number of birds has fallen dramatically, but I'm hoping they return when I start putting out food again.

their gardens.

Last month Sheringham Town Council held their Wildlife Garden Awards, and I was contacted by Jo Johns who won one of the 11 awards. She kindly offered to write a piece about her garden with photos, and tell us what she is doing for wildlife, so here it is....

"If you build it, they will come..."

when I moved into my bungalow 14 years ago the small front garden 30'x20' was all grass with a path to the front door.

I set about making it wildlife friendly and productive. I dug up the grass and planted a variety of



For the last two years I've taken part in the Sheringham Garden Wildlife Awards. It's a great way to work towards making your garden even more wildlife friendly. I've been fortunate to have been awarded a gold award

on both occasions.

I now have mason bees, numerous different bumblebees, newts, a toad and a visiting hedgehog. I have observed bees and wasps drinking at my pond along with birds bathing



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Contact Rev Carol Sexton: carolynsexton97@gmail.com
or call 01263 860628

You can visit our website: www.bandbchurches.co.uk



St Mary's Church, Kelling

Services are based on the Book of Common Prayer

1st and 3rd Sunday of every month

Holy Communion – 11am

2nd and 4th Sunday of every month

Matins– 11am

Fifth Sunday in a month Holy Communion 11 am.

ALL WELCOME. PARKING IN THE CHURCHYARD.

For further details please see Weybourne Group Website
or call Revd Ian Dyble: 01263 741235 or
Revd Angela Dugdale: 01263 588389



Roman Catholic Churches Mass Times

The Church of The Annunciation, **Walsingham**.

Sunday 11am, Monday-Saturday 9.30am.

Our Lady Star of the Sea, **Wells**.

Saturday 6pm, Sunday 9.00am, Thursday 9.30am.

St Henry Walpole, **Burnham Market**. Sunday 9.30am, Friday 9.30am.

St Andrew's Church, **Holt** at 9:30am on Thursdays.

The Catholic Parish of Our Lady & St. Joseph, **Sheringham and Cromer**

Saturday: 6pm at Our Lady of Refuge, Cromer

Sunday: 9am at Our Lady of Refuge, Cromer

11am at St. Joseph's, Sheringham

For more information visit: www.ourladyandstjoseph.info



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prayer and service, leading people to a deeper experience of
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Find our services here

<https://tinyurl.com/mvfyajre>

Revd David Longe, rector@matlaske.org.uk

Administrator Kevin Harvey 07405 223 934



† Church News †

LEATHERINGSETT CHURCH OF ST. ANDREW

There are currently two services a month at St Andrew's,

- First Sunday of the month:
Holy Communion
(Book of Common Prayer) at 11.15am
- Third Sunday of the month:
Morning Prayer
(Common Worship) at 9.30am



HOLT METHODIST CHURCH NOTICE BOARD



**Holt Methodist Church will be closing for
refurbishment from Monday 27th July 2026.**

Services will be held at The Holt Youth Project, Old
Station Way, Holt NR25 6DH at 11.00 am. As always you will
be assured of a warm welcome.

Our Afternoon Teas will continue at Holt Community Centre
(The Venue) on the 3rd Friday of the month.

The next 2 dates are 16th October & 20th November.

These arrangements will apply until further notice.

Senior Steward - Mrs J. Bunting - 01263 712068

Mass times for St. Peter's RC Church, Blakeney

These are: Sundays 11am

Wednesday's 9.30am

For more information go to catholicparishofwalsingham.org



The Salvation Army
Cremor Street, Sheringham

Seasonal Events

Saturday 14th November 10.00am – 1.00pm
Christmas Fayre

Sunday 13th December 3.00pm
Carol Service

Sunday 20th December 3.00pm
Community Carol Service

Friday 25th December 11am
Christmas Day Worship



A warm welcome awaits you at all of these events

For further info: www.salvationarmy.org.uk/sheringham | 01263 826059

The Salvation Army is a Christian Church & Registered Charity
No: 214779 and in Scotland SC009359



SAINT ANDREW'S & ALL SAINTS NEWS

The Parish of Holt with High Kelling

Rector: Fr. Howard Stoker SSC, The Rectory, Church Street, Holt NR25 6BB Tel: 01263 712048

email: holtrectory@tiscali.co.uk

Churchwarden: Tim Bennett Tel: 01263 713039

Parish Office Tel: 01263 713479 E: standrewsholt@btinternet.com website at www.holtchurch.org



LOCAL COUPLE TO PURCHASE AND GIFT LAND TO HOLT LOWES TRUSTEES

Dear friends,

As the Rector of Holt, I am a trustee of Holt Lowes. This is an historic role due to the ownership of the Lowes, 120 acres of heathland, woodland and marsh, south of Holt Country Park, being invested in the Rector and Churchwardens of the Parish. In 1807 the land was designated as a "Poors Allotment" and managed by the Church for the benefit of the poor of the parish who were allowed to graze one animal and collect wood or gorse for fuel.

Today, it is designated as a Site of Special Scientific Interest and Special Conservation Area and is managed for the current board of trustees by (NWT) the Norfolk Wildlife Trust. The area remains open to the public in order that visitors to the site can enjoy its wide-open spaces, and its abundant wildlife. During the year guided walks are arranged and working parties of volunteers help with conservation work. Dartmoor ponies and cattle can be also be seen grazing the area.

The Holt Lowes is a special place much loved by those who know it well and it is a great asset for the town of Holt and the surrounding area. Therefore, when the opportunity to purchase a further 8 acres of land on the Lowes boundary along Norwich Road arose, the trustees were keen to raise the funds to secure this land to further protect and expand the Lowes as a wildlife and conservation area for local people.

Without hesitation, local couple, Alastair & Julie Brown of Heath Farm, Holt, kindly purchased and gifted the land to the trustees in memory of Alastair's father, the late Charles Thomas "Jake" Brown who moved to Heath Farm with his wife Joan in 1955. Jake sadly died on 22nd February 2025 aged 95.

Together with the other trustees I am immensely grateful to Alastair and Julie for their incredible generosity. In memory of their late father, the trustees have agreed to name the new area of the Holt Lowes, 'Brown's' Field. The field will be managed by NWT and I very much hope that generations to come will continue to enjoy access to this special area.

www.holtlowes.org

Warmest regards, Fr. Howard

FROM THE REGISTERS:

Baptism:	30th August: Archie Christopher Wells
	20th September: Wolfie Moss Charmwood
Holy Matrimony:	16th September: Samuel & Akosua Bartlett (Service of Prayer & Dedication)
Funerals:	19th August: John Hubbard
	21st August: Josephine Turner
	30th September: Nigel Benbow

HOLT & COMMUNITY DISTRICT SUPPORT FUND (Energy). Local support for local people. FUNDS ARE NOW AVAILABLE to help those struggling to pay their energy bills, require a winter fuel allowance and/or purchase white goods and winter **PLEASE DO NOT STRUGGLE IN SILENCE.** Contact the North Norfolk Food Bank (Energy) (07826 376343). Or the Rector 01263 712048



HARVEST THANKSGIVING Sunday 11th October. Morning Services as usual. Harvest Evensong at 5pm. Harvest Lunch at 1pm.

ALL SAINTS DAY

Sunday 1st November

9.15am All Saints High Kelling Patronal Festival (Gift Day: 31st October 10am – 12noon).

ALL SOULS: Monday 2nd November

7pm Requiem Mass at St Andrews, Holt

At which names of the departed will be remembered and candles lit in their memory.

TIMES OF WORSHIP:

Sunday Services

8am Book of Common Prayer Eucharist

9.15am Said Eucharist at All Saints, High Kelling

10.30am Parish Sung Eucharist.

5.00pm Choral Evensong (2nd Sunday of the month)

Week day services Mon – Sat

Morning Prayer 9am. Evening Prayer 5.30pm

Daily Eucharist 9.30am / Wed 12noon.

Thurs 10am at All Saints

LIVE STREAMING: The Sunday Parish Eucharist continues to be live streamed on YouTube at 10.30am.

YOUTUBE: St Andrew the Apostle, Holt
Please see our website or facebook page for more details.

www.holtchurch.org

LITTLE LAMBS PARENT & TODDLER GROUP meets every Wednesday during term time 9.15am – 11.00am in the Parish Church Hall in Street Hall. All parents/carers are welcome to come along and meet with friends and make new ones.

FAMILIES AT ST ANDREWS: Young families are always welcome at Church. Families are also encouraged to approach us to have their children christened.

WEDNESDAY COFFEE MORNING: Providing a warm space every week from 10am -12noon in the meeting room at the Parish Church. Always someone to talk to and all are welcome.



MEN'S GROUP AT ST ANDREW'S: meets on Wednesdays 1.30pm-3.00pm in the meeting room at the Parish Church.

FAITH AND FELLOWSHIP GROUPS: Groups meet once a month in the parish for bible study, prayer and fellowship. For more details www.holtchurch.org



LOCAL FOOD BANK COLLECTION: A collection point for donations of non-perishable food goods is now available in the Parish Church.

PARISH CHURCH HALL & MEETING ROOM FOR HIRE. Ideal for family/children's parties, AGM's, meetings, fund raising, exercise classes and much more. For more information contact the bookings secretary: 01263 713479 Email: standrewsholt@btinternet.com[FHS1.1]

CAN YOU HELP CARE FOR HOLT

CHURCHYARD? Help is needed to manage the churchyard. No faith necessary! Contact Tel: 713479



PASTORAL CARE: Our pastoral team is available to make home visits and/or visits to the care homes in the parish.

PARISH CHURCH HALL & MEETING ROOM FOR HIRE. Ideal for family/children's parties, AGM's, meetings, fund raising, exercise classes and much more. For more information contact the bookings secretary: 01263 713479 email: standrewsholt@btinternet.com



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www.holtholisticcentre.co.uk

theWI Holt WI

INSPIRING WOMEN

We had a very busy September meeting with three visitors joining us. This month's talk was all about wills and power of attorney.

We had not one but two very knowledgeable ladies from Haynes and Storr Solicitors. There were some interesting points brought up and probably everyone discovered something new.

This year makes the 111th anniversary of the first WI meeting which was held in Wales. Members all over the country were asked to wear something lilac to commemorate this.

Holt WI made a donation to the Community Centre Projector Fund and after the meeting finished, several members were shown how to properly use the sound equipment which is very important.

Next month the topic of the talk is The Red Barn Murder, a true grisly tale! As you can see, we certainly have a very varied list of speakers.

Why don't you come along, you might be pleasantly surprised. We meet on the third Wednesday of the month 2-4 at the Community Centre.

From Holt Holistic Centre

Country Physio is run by Samantha Rodwell – Chartered Physiotherapist. Sam has worked in a variety of specialties in the NHS and successfully launched Country Physio in 2006. She provides clinics at The Holt Holistic Centre.

A personalized and hands-on approach is offered. This often includes home exercise programs and lifestyle advice as part of treatment. Home exercises are an incredibly important part of the treatment process and help the patient to gain the full benefit of the treatment.

The programme is tailored to the individuals' needs and abilities. The benefits include:

Speeding up recovery following injury or surgery – and helps regain strength, mobility, and flexibility faster. They can also help to reduce swelling and stiffness.

Pain reduction as targeted exercises improve blood flow, release natural painkillers (endorphins), and reduce muscle tension. Strengthening weak muscles can ease pressure on joints and nerves, reducing chronic pain.

Helping to prevent future injuries by focusing on correcting posture, movement patterns, and muscle imbalances.

Improving mobility and flexibility, helpful for people with conditions like arthritis or after long periods of immobility and bed rest.

Boosts Independence helps people perform daily activities more easily, whether it's walking, dressing, or climbing stairs—especially important for older adults or those with disabilities.

Exercises also support chronic condition management and is crucial for managing diseases like diabetes, heart disease, stroke, or lung conditions. It helps maintain stamina and function.

Lastly, exercise has huge mental health benefits. Physical activity improves mood, reduces anxiety and depression, and increases confidence in movement.



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Choral Services at St Martin's Church, Hindringham

Choral Services at St Martin's Church in Hindringham, near Fakenham, sung by the St Martin's Choir, directed by Mark Jones, begun in 2022 are planned to continue monthly next year. All are welcome. Refreshments are usually served after the service and there is good parking space at the Village Hall.

The next service is at 1830 on Sunday 1 November 2026 and is a Choral Holy Communion for All Souls' Day. The music will be the seven movements of the Requiem by Gabriel Fauré. The Choir will be accompanied by strings, horns, harp and organ.

The dates of the following choral services are:

Sunday 13 December 2026 at 1830 – Advent and Christmas Carol Service

Sunday 3 January 2027 at 1830 – Choral Evensong for The Epiphany

Sunday 7 February 2027 at 1830 – Choral Evensong for Candlemas

Sunday 7 March 2027 at 1830 – Choral Evensong for Lent

Good Friday 26 March 2027 at 1100 – Choral Liturgy (Part 1)

Sunday 4 April 2027 at 1830 – Choral Evensong for Eastertide

Do take note of these dates and make these moving choral services widely known.

James P S Thomson, 13 New Street, Holt, NR25 6JJ 01263 711214

jamespsthomson@aol.com



The Church of St Martin
HINDRINGHAM
Parish Priest – The Reverend Robin Stapleford
Assistant Priest – The Reverend Dr Rhona McEune
Licensed Lay Minister – Mrs Amanda Sands

Fauré's Requiem

A Service of CHORAL COMMUNION
sung by St Martin's Choir,
accompanied by strings, horns, harp and organ
directed by Mark Jones

The names of those to be commemorated
will be read during the service
PLEASE send names to
jamespsthomson@aol.com
marking the email *subject* ALL SOULS' DAY

SUNDAY 1 NOVEMBER 2026
The Eve of ALL SOULS' DAY
1830

ALL VERY WELCOME



The Friends of Kelling Hospital

The Friends of Kelling Hospital were pleased to arrange a happy event on a sunny day recently, for the patients and their families from the Hospital and Lloyd Court. Sitting in the gardens in the sunshine, we were joined by the friendly donkeys from a local owner and enjoyed the singing of a talented local singer. There was a lively tombola with a variety of prizes and some excellent cakes, kindly baked by many of our Friends. We raised about £150 for Kelling Hospital and welcomed 3 new members to the Friends, whose support is hugely appreciated.

Our next event will be a Quiz Night at The Pavillion, Briston on 23rd October at 7pm, teams of up to 6 per table is preferable. Contact Dawn St Quintin on 07917 624121 or email: dawnstquintin@gmail.com We look forward to another lively evening of prizes.

If you would like to know more about or support the Friends in our work, please contact Liz Pedlow membership secretary on friendsofkellinghospital1@outlook.com with an annual subscription of £12 per year.

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Office of the Public Guardian (OPG) registration fee, when applicable, is not included in these prices.

Prescription Provision in Holt

Dear Editor,

I feel compelled to raise serious concerns about the recent changes to prescription provision at Holt Medical Practice and the impact they are having on patients, particularly elderly and vulnerable residents.

My concerns initially arose several months ago when my 88-year-old mother told me that her monthly prescription was regularly short by several tablets. Despite repeatedly raising this issue with the pharmacist and speaking with the doctors, the situation has continued. My mother is now consistently receiving six tablets fewer each month than her doctor has prescribed and than she requires.

Unfortunately, this problem has now been compounded by the decision to change the way prescriptions are processed at Holt Medical Practice. What was previously a straightforward and, in my own experience, highly effective system has become unnecessarily complicated and extremely frustrating.

Previously, I would collect my prescription from Boots. The pharmacy would reorder my medication and at that point send a text message when it was ready. It was a simple system that worked extremely well. Under the new arrangements, I now have to remember to contact Boots approximately a week before the medication is required, ask Boots to request the prescription from the surgery, and then wait for confirmation as to when the medication will be available. This may sound like a minor inconvenience, but for elderly patients and those who rely on regular medication, it represents a significant additional burden.

I experienced the consequences of this new system first-hand today when I went to collect my mother's prescription from Boots as she could not get her prescription from the Holt Medical Practice as her drugs were unavailable. These should have been available on 17th August

therefore poor Boots had to pick up the pieces and sort out the problem. This was not Boots fault but lies firmly with Holt Medical Practice! Boots pharmacy was extremely busy, visibly short-staffed, and it was difficult not to conclude that the changes introduced by Holt Medical Practice are having a significant knock-on effect on Boots and, ultimately, on patients.

I am in my late sixties myself and am finding these changes exasperating. It leaves me wondering how some of the elderly residents who make up such a significant proportion of Holt's population are expected to manage this new system. Many patients will not have family members available to make telephone calls, chase prescriptions, make additional journeys or resolve problems when medication is unavailable.

I understand that the practice has stated that these changes have been introduced as part of an effort to save approximately £2 million. If that figure is correct, I would very much like to understand how it has been calculated and, more importantly, how the practice intends to ensure that any financial savings do not come at the expense of patient care and accessibility.

If the practice is genuinely concerned about the amount of medication being prescribed unnecessarily, surely a more constructive approach would be to undertake regular medication reviews with patients. Speaking to patients, reviewing their medication and identifying prescriptions that are no longer necessary could surely help address unnecessary expenditure while also improving patient care.

Perhaps most importantly, changes of this magnitude should be introduced with proper consideration of the practical consequences for patients, pharmacies and the wider community.

The elderly and vulnerable patients of Holt Medical Practice deserve a prescription service that is reliable, accessible and straightforward. They should not be left struggling to obtain medication that has already been prescribed for them. Also making them stressful and ill with the constant worry that they do not have enough drugs to see them through the month!

I appreciate that there are undoubtedly financial and logistical pressures within the NHS, but patients should not be expected to bear the consequences of a system that appears, at present, to be creating confusion and additional pressure for everyone involved.

A very exasperated and disappointed local resident.

Amanda Taylor-Pope

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From The Partners, Holt Medical Practice

Thank you for sharing your concerns and for allowing us the opportunity to respond to a wider audience.

Issues relating to medication can be complicated, and often very individual, but in so far as you have touched on more general issues:

1. We have relaxed the repeat ordering deadlines that we trialled in July/August. Whilst this change enhanced patient safety and ensured medication was being taken as directed by the clinician; it was too inflexible for many patients. Patients can now re-order their repeat medication 21 days after their last issue.

2. Boots patients: Since 1st September, patients who collect their medication from Boots have needed to order their medication for themselves, in the same way as all our other patients. By asking patients to be actively involved in ordering helps avoid over-ordering of medication (that may not be required one month to the next) and thus allows for a more accurate prescribing record (which is better for the patient and the clinician).

We approached this change sensitively and after months of planning and discussion with Boots and the local Integrated Care Board. We have worked with Boots to ensure alternative arrangements are put in place for their most vulnerable patients to ensure minimal worry. We have found most patients have adapted well to the new system and we are grateful for their co-operation.

3. Issues with stock can be very frustrating and worrying for patients, wherever they collect their medication from. All patients are asked to order their medication 7 days before they need it to allow enough time for the Surgery to process, approve and forward the request to the various dispensaries and pharmacies who then order in and prepare the medication ready for collection.

Hopefully this information is helpful.

The Partners, Holt Medical Practice



A Trip to Redwings

Our day centre offers a welcoming place for older people to meet and make friends. It also offers exciting days out as our clients recently found out when we

arranged a visit to Redwings Horse Sanctuary near Aylsham. They were able to meet donkeys, horses and ponies up close and were given a lovely insight into all that happens by Jenny, one of the staff members. She told them all about each horse and donkey and answered all their questions.

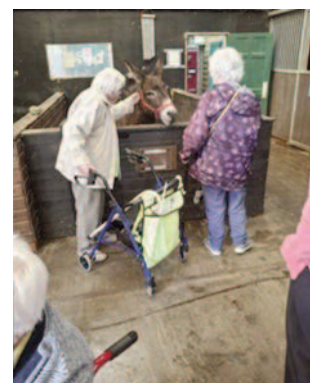


The Redwings staff were friendly and welcoming and enabled the most enjoyable day out. As one of our clients said, "today has pulled me out of a rut I felt I was in, it has been a lovely day out".

Animals have a magical way of bringing joy, calmness and friendship

as the donkeys proved especially their favourite called Wiggins, who was loved by all. To witness people who have been lonely, isolated or bereaved laughing and smiling together is a real treat. Thank you, Redwings!

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Breast Cancer Awareness Month

The Importance of Early Diagnosis and the Consequences of Delay



October marks Breast Cancer Awareness Month, a campaign dedicated to raising awareness of one of the most common cancers affecting women in the UK. The initiative encourages people to recognise the signs and symptoms of breast cancer, seek medical advice when changes are noticed, and understand the importance of early diagnosis.

Early detection significantly improves the chances of successful treatment and increases the range of treatment options available. To support this, the NHS has established diagnostic pathways and standards designed to ensure that patients with suspected breast cancer are assessed and investigated as quickly as possible.

Despite these measures, delays in diagnosis can still occur. While some delays may lead only to uncertainty and anxiety, others can have serious consequences. A delayed diagnosis may allow cancer to progress, potentially resulting in more invasive treatment, reduced treatment options, and poorer long-term health outcomes. The impact on a patient's quality of life can be considerable.

Through our work handling clinical negligence claims, we have seen the devastating effects that delayed breast cancer diagnoses can have on patients and their families. Delays can arise for a variety of reasons. Symptoms may not be properly recognised, leading to a failure to make an urgent referral for specialist assessment. In some cases, diagnostic imaging or test results may be misinterpreted, abnormalities overlooked, or necessary investigations not arranged within an appropriate timeframe. Administrative errors, including lost referrals or delays in scheduling appointments, can also contribute to missed opportunities for timely diagnosis and treatment.

The effects of a delayed diagnosis often extend beyond the physical illness. Many patients experience significant psychological distress when they discover their cancer could potentially have been diagnosed sooner. Feelings of anxiety, fear and loss of trust in healthcare professionals are common, with the consequences often affecting family members and loved ones as well.

Where negligence can be established, compensation may be available for the

pain and suffering caused, as well as financial losses resulting from the delay. This may include loss of earnings, treatment costs, care requirements and other related expenses. While compensation cannot reverse the harm caused, it can provide financial security and access to support and rehabilitation.

Breast Cancer Awareness Month serves as an important reminder of the value of awareness, prompt investigation and timely treatment. Greater awareness among both patients and healthcare professionals can help ensure symptoms are recognised and acted upon without delay. When failures in care do occur, patients deserve answers and, where appropriate, access to justice. As specialists in clinical negligence, we are committed to supporting individuals and families affected by delayed cancer diagnoses and helping them understand whether they may have grounds for a claim. If you believe there were delays in your diagnosis or failures in your care, our team is here to help.

This article is provided for general information purposes only and does not constitute legal advice or professional advice.



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High Kelling Garden Club

Our club resumed its evening meetings on Monday 14th September when Simon Harrap from Natural Surroundings gave us an enthralling talk about the weird and wonderful sex lives of British orchids.

The flowers of all orchids have three petals and three sepals, arranged alternately, the lower petal forming an elaborate lip, which is unique to each species and provides insect pollinators with a landing platform. Hanging above this platform, the pollen is clumped together into a rugby ball-shaped pollinia which is connected to a sticky pad. When an insect lands on the lip, the pollinia is at exactly the right place to stick to the animal's head or body and thus be transported to a receiving stigma in another flower, allowing many thousands of pollen grains to fertilise the next flower efficiently. The pale coloured butterfly orchids are sweet-smelling to attract moths; the Lesser Butterfly Orchid sticks the pollinia to the moth's proboscis as it probes for nectar, whereas the Greater Butterfly Orchid sticks it to the poor creature's eyes! The Early Purple Orchid is also fragrant, but cheats newly emerged and hungry queen bees by producing no nectar, conning them to visit many flowers before they eventually give up.

The Early Spider Orchid seduces solitary bee males, who emerge before the females. The lip looks somewhat like a bee, it's hairy like a bee and

it even smells like a female bee as the plant produces fake pheromones, so the males are attracted to mate with several flowers, picking up then depositing the pollinia in the process. Bee Orchids are similar but have evolved to largely self-pollinate as the pollinia are held on weak stalks which are blown to touch the stigma.

An orchid can produce more than 50,000 dust-like seeds, which have no energy reserves, just a nucleus of genetic material and a structure to catch the wind. All orchids are perennial, but the seeds germinate below the soil surface and some species like the Ghost Orchid can live undetected underground for years before the flowering stalks emerge. Having no means of photosynthesis at this time, they will parasitise ectomycorrhizal fungi to obtain their nutrients. Species living on poor soil like the Bog Orchid will continue to obtain extra nutrients from these fungi.



Early Purple Orchid

Coffee Morning for Local Family Great Success

Our Coffee Morning, last Saturday in Holt Church Hall was a great success and the total money generated, so far is £2240.35, and there are more donations coming in. This money was raised is to help a Holt family whose young child is receiving treatment for a brain tumour. We were so fortunate to have help from family, friends and many of our neighbours, we received lots of cash donations, Bric a Brac and lovely cakes were baked.

Father Howard, Mark, Gary, and Julie from St. Andrews Church were very helpful and kind. We borrowed tables from Holt Community Centre and Alex Savva printed approx. 50 posters there, all with the full support of Sam Riches, special thanks to all of them.

The sausage rolls were donated by Nigel at Allards and were very popular, Gary at Budgens gave us some great prizes for our Tombola, we are very grateful to both of the above.

It was thanks to the many people who baked scones and cakes that the crowds enjoyed a huge choice of refreshments, more than 100 people came and have said they how much they enjoyed a wonderfully friendly atmosphere.

It was a great team effort in the community, and we certainly could not have managed without so many lovely volunteers.

The family at the centre of this event are amazed and so grateful to everyone and have written: "It feels like the whole community has come together when we needed it most, we genuinely cannot put into words how much it means to us."

We thank you all.

Maureen and Roger; Ann and Martyn and all volunteers.



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**Please bring CASH as well
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Photo Credit: BRAD DAMMS

Whilst this event remains **FREE to attend**, **collection buckets will be doing the rounds** and allows us to continue with our events and grant giving. Please do therefore give generously. ★

For further information please contact: Tracey Bayfield (Parish Clerk) by Email: clerk@blakeneyparishcouncil.gov.uk or

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BONFIRE & FIREWORKS 2026
SATURDAY 31st OCTOBER



Chance Meetings

Author's romantic fiction takes place on Norfolk-Fens border.

A new romance novel was recently published by a local author, Vee Hopkins.

Set across two times zones, Chance Meetings is a story of love, friendship and devotion against the backdrop of the Second World War and the present.

Located in the Fenland Landscape, on the borders of Cambridgeshire and Norfolk, it brings to life the drama and beauty of an area and community steeped in its agricultural and wetland history.

Commenting on the book Vee said, 'I am from the Fens and have always been unhappy that the Fenland landscape has been rarely featured in a novel. It has an innate beauty and tranquillity that is under celebrated and the wildlife is spectacular'.

The book has been illustrated throughout by the artist Bob Larking who said, 'it has been a pleasure to work on this project'.

Primarily a love story it brings into focus the dilemmas and effect that war can have on everyday life and people. Vee was writing the

book as the world was emerging from the pandemic and the start of the Ukrainian War. She said 'It is the closest the ordinary person has been to rationing, restricted movement and separation and loss especially at the point of death. It forced me to consider the experiences of the War time generations'.

'My book also examines the local history of the area. Its history of resistance, change and adaption and highlights the key roll of Bexwell Aerodrome during the war years.'

'We have used local editors, typesetters and printers that are based in our wonderful county, and it is our hope that we have done justice to the area and its people.'

The book is available from independent bookshops and retail outlets in Norfolk, Suffolk and Cambridgeshire. Try Words and Wonder Downham Market, Papermoon Burnham Market, By the Book Hunstanton and Pensthorpe Park.



Holt Councillors Welcome Approval of New Lidl Supermarket

Holt's Liberal Democrat councillors have welcomed the approval of plans for a new Lidl supermarket in the town, after North Norfolk District Council's Development Committee unanimously backed the application earlier this month.

The new store is planned for Nightjar Road, just off the A148, and is expected to create around 40 jobs. The proposals also include 120 parking spaces, electric vehicle charging points, cycle storage and landscaping.

The application attracted significant local support, with 186 of the 228 representations received by North Norfolk District Council supporting the proposal.

Holt District Councillor Martin Batey, who has campaigned for a discount supermarket in Holt for many years, said: "This is something I have wanted to see happen in Holt for a very long time, so I am absolutely delighted that the plans have finally been approved.

"For years residents have told me that they want greater choice and a more affordable

option for their weekly shop without having to travel out of Holt. The strength of public support for this application showed just how important that is to many local people.

"There has been a long road to get to this point, but I am very pleased that we can now look forward to seeing the store become a reality."

Holt District Councillor Connor Rouse said: "This is really positive news for Holt. As well as providing residents with more choice, the new store should bring new jobs and investment into the town.

"We hope work can get underway soon and that residents will not have too long to wait before the new store opens its doors."

County Councillor Andrew Brown said: "Holt serves a large rural area, and many people currently travel considerable distances for their main food shop. A new supermarket here will give people another local option and should help reduce the need for some of those journeys.

"I am pleased that the application has now



been approved and hope we will see the development progressing quickly, with the prospect of the store opening during 2027."

North Norfolk District Council approved Lidl's application for the Nightjar Road site at its Development Committee meeting on 10 September 2026.

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The Coastal Art Group

Many thanks to all residents and visitors who came to this year's summer exhibition held over the August bank holiday weekend and for making it even better than last year.

The Coastal Art Group held our free annual Summer Exhibition, at Weybourne Village Hall this August Bank Holiday weekend, August 28th, 29th and 30th 2026.

The weather was kind to us, local residents browsed and even those visitors en route down Beach Lane to Weybourne beach, popped in to see the wonderful display of talent on show; to enjoy homemade cakes or a light lunch and sit for a while. We had a busy three days, with our 'Meeters and Greeters' talking to visitors about artist's work and our determined raffle ticket sellers ensuring everyone had a chance to win one of Bette Hodgson, our founder's, original

watercolours.

We are thrilled to let you know that even in these difficult financial times, the generosity of residents and visitors, through the proceeds from the raffle, donations, the sale of second-hand art books, the sale of hand-painted pebbles, the profit from the sale of light refreshments and cakes plus the sale of some of Bette's paintings raised over £1000 to be donated, this year, to the Anthony Nolan Trust in memory of one of our much-loved members, Megan Brown, who sadly died earlier this year from Leukaemia. Thank you all so much.

However, we could not have done it without



the fabulous work on display from our members, who too had a good year with many works sold, and the help and support I have received getting the event organised. Many thanks too, to those members and their partners available to 'Meet and Greet' and assist visitors over the weekend event, and a huge thank you goes to the bakers and cooks for their generous and delicious donations of cakes, biscuits and savouries and their hard work assisting

in the kitchen, you all did marvellously.

And a big thank you to the magnificent help we receive to set-up, break-down and tidy up after the event. Without you all, the event would not have happened. And finally, thanks must go to the Weybourne Village Hall

Management Committee, who kindly store our display boards and Bette Hodgson's work. Bette was a committee member for many years.

Bravo to you all and we will be back next year.

For more information regarding the Summer Exhibition or joining the weekly Coastal Art Group at Weybourne, please contact Susan Mett  at coastalartgroup1@gmail.co.uk

Hedgehog Haven

Can you remember Twilliam who came into care with a back leg foot missing and was just left with a stump?



Despite many weeks of care, it did not heal completely. As he was originally admitted to Wroxham vets, they undertook to amputate the leg completely, this was undertaken to give him a better quality of life, only charging for the meds he would need for after care, pain relief and antibiotics.

He felt very sorry for himself to start with and went on a bit of hunger strike for a few days but as he's a rather large hog it was not detrimental to his overall health. He has now recovered completely and has got used to walking on 3 legs. He will be left to hibernate in an outside hut as Autumn is approaching, then come spring he will be taken and released into an enclosed garden where he can live in a more natural environment and semi wild.

CINDY BUXTON Survival South Atlantic

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In March 1982, wildlife filmmaker Cindy Buxton was nearing the end of filming on South Georgia when she and Annie Price were caught up in the Argentinian invasion.

Listen to her remarkable story of that time, illustrated with some fantastic wildlife photographs, and their ultimate rescue by British forces.

**Thursday 29th October 2026
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Fakenham Choral Society

Fakenham Choral Society to perform John Rutter's 'When Icicles Hang' and Bob Chilcott's 'On Christmas Night' at its Christmas Concert. Fakenham Choral Society will perform John Rutter's 'When Icicles Hang' and Bob Chilcott's 'On Christmas Night' at its Christmas Concert on Saturday 12th December at 5.30 pm in Fakenham Parish Church. The concert will also include carols from the choir and some for audience participation.



Rosemary Dear, chair of the Society, said: 'The two short works were chosen as both are seasonal but contrasting in content and style. Bob Chilcott's, 'On Christmas Night', written in 2010, is very Christmassy, being a delightful compilation of well-known carols and will complement other carols the choir will perform.

John Rutter's 'When Icicles Hang', written in 1975, is a very seasonal but a more secular work, reflecting winter themes rather than Christmas itself. Rutter has set to music a variety of poems from some 14th to 16th century poets, including Shakespeare, ('Icicles' and 'Blow, Blow Thou Winter Wind'), Campion (Winter Nights) and several Anon's, including 'Good Ale!'

Tickets are £10, with under 18s free (but do require tickets) and will be available here: www.fakenhamchoralsociety.org/forthcoming-1
Shirley Collyer, Publicity, Fakenham Choral Society, 07711 142147

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For an informal conversation about the Thornage Hall, please contact Rosie Dunthorne (CEO) telephone number: 01263 860305, email: rdunthorne@thornagehall.co.uk

To discuss the Chair role, please contact Thornage Hall: telephone no: 01263 860305 or email: office@thornagehall.co.uk to arrange a discussion with the Chair Tom Howard.

Applications are welcomed from all sectors. For an application pack, please email: pnicholas@thornagehall.co.uk

Closing date: 12 noon, Friday 16th October 2026

Interviews: w/c 26th October 2026



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Eagled eyed visitors will have spotted some recent building works at Toll Barn Vets. We're delighted to announce as part of this project the arrival of our new Canon Aquilion SP CT scanner, bringing advanced diagnostic imaging technology to pets across our local community.

CT (computed tomography) is an increasingly valuable tool in veterinary medicine. It allows our veterinary team to look inside the body in much greater detail than conventional X-rays, helping us investigate complex conditions, plan surgery and provide more accurate diagnoses. As many of our clients know, Toll Barn Vets was the first local practice to install a CT scanner over 10 years ago.

So why change? Well, as with all technology not all CT scanners are the same.

Our new Canon Aquilion is a state-of-the-art CT system and one of the very best on the market which is designed to provide high-quality images while incorporating a range of features that can make examinations more efficient and comfortable for patients. Its advanced technology allows our vets to obtain detailed cross-sectional images of areas such as the head, spine, chest, abdomen and limbs and smaller thicknesses than ever before, helping us assess problems that may otherwise be

A New Era of Advanced Imaging at Toll Barn Vets

difficult to diagnose even with conventional CT.

One of the major advantages of our new scanner is its ability to acquire high-resolution images rapidly. This is particularly important in veterinary patients, where keeping anaesthetic time as short as possible is a key consideration. Faster scanning can help streamline examinations and allow our team to concentrate on interpreting the images and caring for your pet.

The Aquilion also provides sophisticated imaging capabilities that support detailed assessment and 3D reconstruction. This can be especially useful when planning orthopaedic and soft-tissue surgery, assessing complex injuries, investigating neurological conditions and taking "real time" targeted CT guided biopsies – exactly like they do in human hospitals.

Most importantly, bringing this technology to Toll Barn Vets means advanced CT imaging is available closer to home. Our team have been providing first opinion and referral level CT scanning to our local area for over 10 years and this new investment is part of our promise to provide the



highest standard of veterinary care to our local community, reducing the need for pets and their owners to travel further afield for specialist diagnostic imaging or biopsy techniques. By combining advanced technology with the experience of our veterinary team, we can continue to offer our patients the detailed diagnostics they need—helping us make informed decisions and provide the best possible care for your pets.

1. Ray Parlour 2. Sporting Lisbon 3. Freddie Ljungberg of Arsenal in 2002 4. Chris Kirkland. When Kirkland was eleven years old, his father and some family friends had placed bets of £100 each at 100/1 odds that he would play for England before the age of 30 5. Germany 6. Sven-Goran Eriksson 7. Southampton United beat Manchester United in the Carling Cup in 2006 in their only competitive meeting. 8. Teddy Sheringham, 40 years and 268 days for West Ham United v. Portsmouth, December 26, 2006 9. Didier Drogba with Chelsea in 2007, 2009, 2010 & 2012. 10. James Vaughan for Everton vs Crystal Palace in 2005



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From Holt Consulting Rooms - Our Emotional System

There are no bad emotions - anger, sadness, fear, happiness, excitement - are all part of being a human being.

Of course, we do not like the more negative ones, so we try to suppress them. Understanding where these may come from is a first step in managing same, so they do not take over, leading us into unhealthy behaviours - e.g. all the addictions, aggressive behaviours towards self and others, and so on.

In order for our emotional system to function in an adaptive manner we need 3 main components. We share this 3-component emotional system with other animals. I) The DRIVE SYSTEM, motivating us to seek food, partners etc. This system is influenced by the neurotransmitter dopamine, a feel-good neurotransmitter for getting things done. II) The FEAR system is there to protect us from danger and predominantly driven by adrenaline as well as cortisol. III) The SOOTHING system, making us feel safe, loved and belonging. An influential neurotransmitter here is oxytocin.

When people struggle with anxiety, depression, anger, etc. on a more chronic basis, this is mainly due to the under-functioning of the SOOTHING system. There can be various reasons for this - although often this has roots in our past - often in our very young past. Subsequently, people will be operating solely on the basis of the DRIVE system and the FEAR system. This can go on for a very long time, leading to both mental and physical problems and eventually burn-out. We need to put the SOOTHING system back online and this can only be done by ourselves. Self-care is an important first step, as is learning, insight and understanding.

For further information, please contact:
Dr H M Homer, Consultant Clinical Psychologist
Mind-Bridge Psychology Service
Holt Treatment Rooms & Cora Healthcare Norwich
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Editor's Recipes

It's soup season! I do love this time of year and all the lovely warming dishes you can make for a cosy evening in. Soups are a great go-to when you have vegetables lurking in the fridge and you're not sure what to do with them. Put them together with some stock, maybe a tin of pulses and a few herbs and spices, and you have a meal fit for a king.

I also love autumn fruits and the great puddings you can whip up, meaning a supper of soup and pudding can be ready in next to no time.

This month I have a very quick and easy soup, just the right colour for Halloween, and a pudding which looks like it shouldn't work, but it does.



Carrot and Coriander Soup

Serves 4

Ingredients

2 tbsp vegetable oil
1 onion, chopped
450g carrots, peeled and sliced
1 tsp ground coriander
1.2 litres vegetable stock
large bunch fresh coriander, roughly chopped
salt and freshly ground black pepper

Method

Heat the oil in a large saucepan and add the onions and carrots. Cook for 3-4 minutes until starting to soften.

Stir in the ground coriander and season with salt and pepper. Cook for a further minute.

Add the vegetable stock and bring to the boil. Simmer for 10-15 minutes or until the vegetables are tender.

Blend with a hand blender or in an ordinary blender until smooth.

Reheat in the saucepan, stir in the fresh coriander.

Serve with croutons, a swirl of cream and one or two coriander leaves, also good with toasted pumpkin seeds.

Pear and Blackberry Pudding

You will need a fairly large baking dish.

Ingredients

100g butter
240ml whole milk
200g caster sugar
120g self-raising flour
1 tsp vanilla extract
400g tin of pear halves
1 punnet blackberries

Method

Preheat the oven to 180C/170fan/G4
Drain the pears and chop into 3cm cubes.

Melt the butter in a bowl in the microwave in 20 second bursts and set aside.

In another bowl, mix the flour, sugar, milk and vanilla.

Pour the melted butter into your baking dish, pour your batter into the baking dish but DO NOT MIX. Carefully drop in the chunks of pear and the blackberries and put in the oven for 30-40 minutes.

Remove from the oven when golden brown and the middle is set.

Delicious served with cream, ice cream or custard.



Enjoy – Jo.

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Holt and District War Memorial – Missing Names

The names of the fallen in are listed on the town war memorial, and in Holt Cemetery there are the graves of 15 military personnel listed

on the Commonwealth War Graves Commission website. We recently set out to find their graves. Having now found all those listed it was interesting to note that there are five graves in the cemetery whose names are not listed on the Holt War Memorial or on any nearby memorials.

We started a search to discover more about the missing five, and provided additional details. We wanted to establish whether there

were links with Holt or surrounding villages and to establish whether these names could be added to the roll of honour. The five are:

Gunner James Allison. Service No 1494459 Royal Artillery died 24/12/1947. Son of James and Mary Allison of Holt.

Gunner Clifford Knights Service No 11407338 Royal Artillery died 22/4/1945.

Private John Tyrell Service No 2263 Derbyshire Yeomanry died 25/5/1945. Born in Carlisle and husband of G Tyrell nee Morrison.

Private Bertie Smithson Service No 3773 Royal Norfolk Regiment. Died 27/6/1919. Son of Herbert and Emma Smithson of Tower Street, Holt.

PP Crowe. Service No 39443 unknown regiment. Died 27/6/1942 (in Hampshire). Son of Frederick Plumbly and Rachel Crowe of Holt.

There may be many reasons why these names are not listed on our war memorial but working with the town council we have been unable to determine why the names are not listed. One possibility is that the families did not wish their names to be listed, the other is simple oversight. We'd like to try to correct any names missed off by the latter and hence this article. If you have any information regarding the five, would you please get in touch with the Secretary of the Holt and District Branch of the Royal British Legion; Holt.Secretary@RBL.community, so we can look at the next steps and certainly with a view to rectifying any omissions.

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What help is available for first-time buters?

by Jodie Kessler, Conveyancer, Hayes + Storr

According to research by Skipton Group, the parent company of Skipton Building Society, the average age of a first-time buyer in England has risen from 29 in the mid-1990s to 34 today, the highest in decades.

More than half of first-time buyers now rely on two or more full-time incomes, while over half of those with a mortgage have repayment terms of 30 years or more. Just six per cent of first-time buyers are now under 25, compared with almost a quarter in the mid-1990s.

Buying your first home can feel daunting, but there is more help available than many people realise. Whether you're struggling to save for a deposit or wondering what financial support is available, there are several schemes that could help you get onto the property ladder.

Lifetime ISA

A Lifetime ISA (LISA) can help you save for your first home, with the government adding a 25 per cent bonus to your savings, up to £1,000 each year. There are restrictions on withdrawing the money and the account generally has to have been open for a minimum of 12 months before the funds can be withdrawn without penalty.

Help from family

Many first-time buyers rely on financial support from family to fund their deposit. If the money is a gift, your lender will usually require written confirmation that it does not need to be repaid. If it is a loan, it could affect the amount you are able to borrow, so it is important to seek legal and financial advice before proceeding.

Low-deposit mortgages

Many lenders now offer mortgages requiring just a five per cent deposit through government-backed mortgage guarantee arrangements. These can make buying sooner a realistic option, although it's still important to ensure the repayments remain affordable if interest rates or your circumstances change.

Stamp Duty relief

First-time buyers may qualify for Stamp Duty Land Tax relief. Currently, no SDLT is payable on purchases up to £300,000, with reduced rates available on properties costing up to £500,000. Your solicitor can confirm whether you meet HMRC's eligibility criteria.

Shared ownership

If buying outright is not affordable, shared

ownership may be worth considering. It allows you to buy a share of an eligible property while paying rent on the remainder, with the option to increase your share over time. Shared ownership homes are available across Norfolk through a number of housing associations.

How we can help

Buying your first home is one of the biggest financial commitments you are likely to make. At Hayes + Storr, we will guide you through the conveyancing process, explain each stage clearly and help your purchase progress as smoothly as possible.

For further information, please contact Jodie Kessler in the residential property team on 01263 712835 or email Jodie.kessler@hayes-storr.com

This article is for general information only and does not constitute legal or professional advice. The law may have changed since publication.



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Regular Events

Want to make new friends and have fun while mastering a new skill in 2022?

Why not come along to High Kelling Village Hall and try your hand at Short Mat Bowls in a warm, friendly environment with refreshments provided. We are offering free afternoon taster sessions with expert tuition from experienced players. If you would you like to find out more, contact Lyn on 01263 713898 or Tony on 01263 713119 and arrange a taster session.

Dance your way to fitness. Every **Tuesday** from 1-2pm at The Copeman Centre, Briston. BellyFit4Fun uses belly dance moves to aid fitness, core strength and FUN! No experience needed. No need to book, just come along. Suitable for all ages. Call or text Gwenth on 0758 222 9696 for more information.

Guided Tours of the Chapel Icons. St. Seraphim's, Station Rd, Little Walsingham. NR22 6EB. **Wednesdays and Saturdays 2pm**

Quiet Garden Group. Last Friday of the month - 10.30am to 2pm. The Quiet Garden Group meets monthly for talks and reflection in the Garden Room. Bring a packed lunch; tea, coffee, squash and biscuits provided. New members always welcome.

Gardening Group. Every **Monday - 10.30am to 1pm.** New members always warmly welcomed! Tools and refreshments provided. For further information or if you would be interested in hiring our Garden Room for your own activities, please call 01328 820610 or email saint.seraphims@gmail.com.

Holt Bridge Club meets every Wednesday at 6.45pm for 7pm till approximately 10pm. We meet at the very nice High Kelling Village Hall, Avenue Road, High Kelling, NR25 6RD. We are a friendly club, affiliated to the English Bridge Union and play Duplicate Bridge, and always happy to welcome new members. For further info contact the Secretary Robert Smith 01328 822120.

Sheringham and District Philatelic Society meet at West Runton Church Hall, 2nd Monday each month at 7.30pm. Contact Andrew for more information on 01263 513433 or Jim on seamussar@btinternet.com

Saturday Cafés at St. Andrew's Church, Thursford, NR21 0BW. The first Saturday of every month 10am-12 everyone welcome to enjoy tea, coffee homemade cakes in this beautiful church. Also no need to book just turn up!

Little Star. Every Thursday 10-12 at The Venue, Holt. A friendly and relaxed, mixed crafting group where we get together 'Making things to make a difference'. Knitters, Stitchers, Crocheters and Card makers - all ages and skill levels are welcome. Refreshments are available so do pop along and join us. Equipment provided.

St. Mary's Church, Kelling (a mile outside the village on the Holt Road)

Music and Meditation. Every Wednesday 3.00 - 3.30 pm. Beautiful live music and inspiring words in an idyllic setting. Visitors always welcome.

Blakeney Church of England Primary School are starting a Stay and Play group for pre-school children and their parents/carers. Every Thursday 9-11am during term time. There will be toys, refreshments, craft activities and stories in our friendly village school. For more information contact Trace on 01263 740531.

Binham Village Hall social evenings are held on the **last Thursday of each month** at 7pm. Bar, jacket potatoes, games.

Abacus Bridge Club meets every **Thursday at 6.30pm** at the High Kelling Village Hall. Play begins at 7 p.m. and finishes between 9.30 and 10. We play traditional Duplicate Bridge and welcome all players and new members. Table money is only £2 per session and includes refreshments. The first three sessions are free. For further information please contact the Chairman, Robert Smith on 01328 822120 or the Hon Secretary, Gillian Bolam on 01263 822070.

The North Norfolk Backgammon Circle (NNBC) meets once a month in Gresham Village Hall, usually the 3rd or 4th Sunday in the month. All skill levels are welcome from beginners to experts. For dates and details call Chris on 07434 989228.

Open Circle, an informal women's group, meets to learn, make new friends and support local charities on the second Thursday of each month at 7.15 pm in Binham Village Hall. For further information: Shirley Collyer at collyersh Shirley@gmail.com.

Your Choir Hike, meets weekly at The Venue on Friday mornings, 10am-12pm. Contact Mike on 07485706345 or visit www.yourchoir.co.uk

Weybourne Bridge Club. A friendly Bridge Club held every Tuesday afternoon, 1.45 p.m. for a 2.00 p.m. start - 5.00 p.m. at Weybourne Village Hall, NR25 7AH. We play Chicago Bridge so no need to bring a partner. All standards welcome. Please contact Michelle at theacolbridgeclub@hotmail.com or 01263 585049

Book Sale at St Peter's Church, Sheringham. Coffee and freshly-baked scones. 3rd Saturday of every month from March until November. 10a.m until 12.

Folk at Weybourne Village Hall, third Sunday of every month, 3pm until 6pm. Singers, musicians and audience all welcome. Join in the choruses or just listen. £1.00 entrance. Bring your own drinks/snacks if you wish. Tea/coffee available. Further details from Tony Baylis 01263 588781 or tonyandcarmen@btinternet.com

Open Circle: We are informal group of women based in and around Hindringham and Binham who get together to make friends, learn new things and enjoy local outings. If you would like to be part of the group, please contact Shirley on collyersh Shirley@gmail.com.

High Kelling Garden Club. Second Monday of the month March - October - 7.00pm onwards Winter we change to daytime meetings at 2.00 p.m. We are a friendly Club and welcome new members - annual membership fee. Visitors £3. Please contact Lesley on hkgclubsec@gmail.com or 07736 762915.

Coffee & Cake at Saturday Cafés at St Andrew's Church, Thursford. NR21 0BW. The first Saturday of every month at 10am-12 noon, everyone welcome to enjoy tea, coffee and homemade cakes in this beautiful church. No need to book just turn up.

North Norfolk Amnesty International meets on alternate months either in Sheringham or Holt Community Centre. If you would like further information about Amnesty International which is a human rights organisation please contact our Secretary Chris Gill: 07719 543756.



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Any donations of wool gratefully received. Whatever we receive will be knitted into baby hats to donate to the Norfolk and Norwich Premature Baby Unit or hats and gloves for the Christmas Shoebox Appeal. Please call 07796638020 or email sallylee35@hotmail.co.uk

Old railway items always wanted for small museum, particularly tickets, lamps, loco items, station signs, cast iron or enamel notices etc - local items particularly sought. Tel Chris 01508 494204/07966 066563

Any bits from crashed planes, Second World War etc, information on crash sites or anything related for Aviation Heritage Museum based at Frettenham Tel Ken 01692 406943

Wanted, your unwanted wool for Norfolk (Sheringham) Knitters, can be left at Sheringham Library or contact Kate Davis on 01263 824781

Wanted by collector 00-gauge N gauge Railway / dinky toys, buildings anything considered cash/instant Bank transfer 01362422451/07747 097798

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Wanted: Domestic and DIY Electrical items for resale at the PACT shop North Walsham. Please drop them off during normal opening hours. 25 Market Place North Walsham. 01692 407163

Wanted, front and rear battery powered lights and reflector for old bicycle to buy. 01263 833269

Wanted, garage to rent long term in West Runton. 07985 727012

FOR SALE

FREE 2 Cream coloured leather sofas, 2 & 3-seat 155cm W x 95cm D x 90cm H, good condition. Free to collect in Holt, can email photos. 07970 025524

Modern desk, 3 drawers, as new, with chair, wastepaper basket and stationery, £35 the lot. Motorcycle jacket, crash helmet, trousers, gloves, neck warmer, padded waistcoat, £50 the lot. Mono tap with sink and pop-up waste and cistern, £20. Bird bath stand, FREE. Stepladder, FREE. Cycle bag, clip on and lights, unused, £15 the lot. 01362 688280

Dyson light ball vacuum cleaner, excellent condition, £30. Hearth rug, mid grey, thick loop pile, approx. 5'6" x 4', new, wrong order, £30. North Walsham. 07946 747869

FREE- Solid metal frame original single size zed bed with mattress. Headboard becomes tabletop when folded. Opens easily like a book by pressing foot pedal. Heavy item would need decent size boot or van. When folded 34" high, tabletop/headboard 21" x 31". Collect Holt. Jill 07774 921535

FREE for collection, cane furniture all with cushions, 2 chairs, 1 settee and a glass top table. 01263 791442

Large collection of die cast cars, Models of Yesteryear (pre-Macau production), Gorgi Golden Oldies plus main other various models. Mainly mint and boxed. Enquiries 01603 720400

CD cupboard, wooden, holds 140 CDs. W65xD20xH82cm. Excellent condition. £10. Holt 07789 325560

Custom Car magazines, complete years 1970 - 2000, £15 per year. May accept offer for all. Buyer collects. 07985 727012

Kampa Caravan cover, used once, size 5-3 to 5-7, £50. Assortment of car boot items, £50 ono. Fishing box on legs, vgc, £35. Hedge trimmer, £30. Sea fishing rod & double rod stand, £15. 01692 652288

Alexander Rose, quality teak garden/conservatory table extends to seat 8 comes with 8 foldable chairs and seat cushions, very little used, cost£1700 new, bargain at £300 Tel via BT Email App 01692 500345

Decorators dust sheets, some new and some used all clean £5 each North Walsham. 07926 359633

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This space could be used to sell **your** unwanted goods and make you some money. If you've got something to sell, LET EVERYBODY KNOW. Email your FOR SALE items to: info@holtchronicle.co.uk or leave the details in The Holt Chronicle collection box in Feeney's Newsagents, Holt and we will advertise it for you **FREE OF CHARGE** for items totalling £300.00 or less, 50 words maximum. **Items above this amount, or if you would like to include a photograph, will incur a charge.** Vehicles, cars, caravans, trailers, boats, property, business etc not accepted without charge. Animals - pets, livestock, live fish etc not accepted. Please contact Jo on 01263 821463 for further details.

Cordless leaf blower/vac, Spear & Jackson SCBV36 complete with two batteries and charger. Very little use and as new. Well below half price, £50. Tel before 6 pm. 07956 628149

Fuhlen G87s wired gaming mechanical keyboard £15; Razer Blackwidow V4X mechanical gaming keyboard £20; both unused, in original packaging. Fakenham. 07599 623342

FREE. Recliner chair. Motorised. Duck egg blue & light grey. Hardly used. Collection only. 01263 576806

Halfords Apollo Fire Chief 12"-wheel bike. Roly sit-on dumper, both good condition, only used at Grandparents £40 each Beeston Regis 01263 821242

Victorian Flowers - Elizabeth Bradley Needlepoint Tapestry Kit, canvas 20"x20", wool pack, needle, stitching chart, new, £25. Telephone after 4pm 01263 710616

Kymko mobility scooter in very good condition £75 07952 211056

Teak wood fire surround, 3'9, high, 4'6 wide £25. Solid oak cd tower holds 60 CDs £10. Solid wood floor ornament, three cats on plinth, 20" high, unique £20. Small ironing board £10. 07956 347293

Chest freezer, 34" high, 36 1/2" long, 26" wide. £20. 01692 403265

Daewoo air fryer. New in box never used. Cost £30 will accept £10. 01263 802240

Ladies full leather Hunter Balmoral boots, 38/9 Very little used. Perfect as new condition. £130. Black leather boots same size with adjustable calf, similar condition £110. Photos available. 07852 914275

HP Laserjet imaging drum CE 314A unused, £40. Large dog crate suitable for a Lab size dog, 120cm x 73cm x 78.5cm, front and side entrance, tray base and collapsible flat. as new. £95. Stooiv hug XL heating seat pad for chair, car, 47cm x 135cm cordless infrared re-chargeable. unused, £125. 01328 878 943

New unused Crytec LD58 16-inch petrol chainsaw, £50. Einhell GCP405-P rotary petrol self-drive with grass bag good working order £75. Collection Wells-next-the-Sea. 07909 222584

Curtains, pair, pink, pencil pleat, lined. Width 67", drop 53". With applique and embroidery flowers and insects. Suitable for children's room or any other, £7. North Walsham. 01692 405812

Modern wardrobe midnight blue with oak top finish brought from Aldis, excellent condition no longer required, H 190 D 53 W 89 excellent condition will require partial disassemble have tools and instructions, bargain at £90 01263 83672

Spinnaker Fluess automatic dive watch. Unworn, plus electronic watch winder. £135. Pets4us large travel dog cage. Crash tested. Swiss made. Excellent. £130. Large steel dog pen. £35. 01692 500776

M&S men's regular fit long sleeved Ultimate Jersey shirt, white, size 38/40 chest Never worn, labels still attached Cost £40 would accept £20. 01263 515036

Singer manual sewing machine design 99K, made in Scotland 29 October 1959. Excellent condition, original fittings & original handbook. £100 ono. Buyer to collect. 01263 519765

Roller garage door with manual and remote controls, will be available later this year. Approx. 2.5M wide, can be seen working at present. £100. 01263 720973

Leather motorcycle jacket (Honda Repsol logo) c/w shoulder pads, vgc. Large size, £35 ono. 07386 325960

Ted Baker bundle: small tote bag black/floral/pink, small blue/pink cosmetic bag & navy/pink wash bag excellent condition. £30. 3 Tubes Clarins Exfoliating Body Scrub 100 ml each new & sealed £24. 01263 710117

Childs cot, wooden, sturdy, good condition, three height base, mattress, headboards to turn into bed, Free, North Walsham, 01692 404788

Bestway Queen inflatable, large single aired with built-in 240v pump. For guest or camping use. £10. 01263 823454

Two single 1970s handmade patchwork duvet/quilt covers. £25 each. Sheringham 07769 718421.

Two Duvalay sleeping bags complete with storage bags. Exceptional condition hardly used. Ideal for motorhome. £100. 01328 830886

2 Volvo cycle racks £40 each. Rossignol skis (162cm) good condition £50. New 4'6" trailer board with foglight £20. New Mizuno golf flight bag £30. Sturdy vintage fall front writing bureau with pigeonholes, utility drawer & cupboard, features decorative metal handles, perfect up cycling project £60. 07415 790003

Microsoft Surface 3 Tablet running Windows 10, battery charges to 100% provides just under 5-hrs of use. With: keyboard/cover, stylus pen (with spare battery), docking station with mains charging lead and wireless mouse. Neoprene cover and clip-on carry grip. £49.00 can demonstrate and deliver in Holt area. John 01263 711536

Life Fitness T3 Treadmill with Go Console and cover, low usage, recently serviced. Excellent condition. Bargain price, £300. Collection only. It is very heavy (243lbs) and will require at least two strong people to carry. 07968 018608

Large selection of 1000 piece jigsaws, £3 each. Old cast iron wall mounted hoppers. 20" L x 6 1/2" W x 6" D. Used as flower troughs, £50 the pair. Fishing rod and reel, £25. 01692 402961

Set of 7 golf clubs, 5,6,7,8,9, PW and SW, features include lightweight graphite shaft, oversized and sweet spot on club face, very good for beginners, bargain at £35. Buyer collects. Sheringham. 07722 678920

Pavers black ankle boots, size 6, worn once, £15. 01263 511145

Collection of Hornsey Pottery: pale blue, Tapestry. Offers. 01263 517156

Black round toe platform high heel shoes (slip on). Non-slip chunky heels, comfortable (had them for my school days) size 6, good condition £10. 01263 576839

Cybox solution X-Fix child car safety seat, as new, £50. White Knight 3kg tumble dryer in working order £20. 01263 511203

Single boiling ring, 1500W, £18. Garden border fork, lawn rake, leaf rake, stiff broom, Duch hoe, wide rake/tarmac type, new handle, £15 the lot. Armchair, wooden arms, fabric seat, extends to 43", 8 legs, £20. Memoirs of HRH Duke of Windsor 1951 + other books, £20 the lot. 01263 710067

Small slow cooker, barely used, £25. Buyer collects. 07770 439609

14 porcelain paving slabs, new Royalstone Everest Crema, 1200x600x20mm, frost resistant R11 anti-slip, £100. Aluminium 2-stage heavy duty ladder extends to 7.2m, 37cm wide, £25. Metal garden seat, heavy duty, 1 1/4 tubular frame with shaped mesh welded to form high back, H 95cm, D 84cm, W 189cm, £40. Fakenham. 07914 100086



FireDance – ‘On the Wing’



North Norfolk is renowned as a prime area for bird watching with its amazing diversity of species and wide-open skies.

Among the many enthusiasts dedicated to this wonderful hobby is Richard Brunton, who by his own admission, has racked up over 30 years of observations and enjoyment.

This led Richard to an interest in photography, initially bird photography, but then expanded to other areas including wildlife and landscapes, all

concentrated on this breathtaking coastal region.

His photos have graced the front page of the Holt Chronicle on many occasions, evidence of his talent and ability to create an eye-catching photograph.

‘On the Wing’ is Richard’s specific record of some memorable moments, not just of birds, but butterflies, bees and other fabulous flying creatures.



They can be found on the ‘This Month’ page of the viewing platform FireDance VP which features one photographer each month, showcasing their own specialist subject.

Visit www.firedance-vp.weebly.com where you will also find additional portfolios from previous months and whilst there, you can ask questions and add your own comments and observations to any of the collections displayed.

FireDance VP is open to all who take photographs, irrespective of how they are achieved.

If you have a subject you’d like to feature on FireDance VP, just e-mail firedancevp@timfolkes.com



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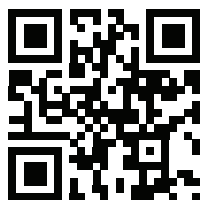
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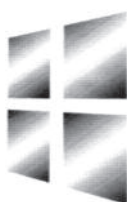


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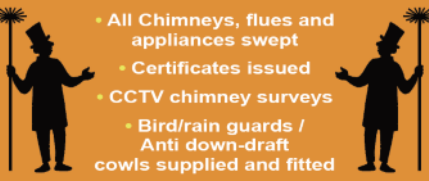
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Another busy month with cats going to their new homes and new ones coming into care. Ziggy left for his new home, and we have also said goodbye to Sally, Gus, Archie, Travis, Molly and Fallon. Ambrose has been reserved and we have people interested in Abbey and Frankie. I am also delighted to advise that Cindi has landed on her paws, was reserved and will be leaving us shortly. It may take some time to find the right home for some of the cats in care, but it is important to make sure it is the right home.

Meanwhile there are several new cats who have taken their place. Wispa, Bubbles and Ebonay have joined us having been abandoned (together with two dogs) by their previous owners when they moved. These lovely girls are all 13 years old and had been neglected so will need a little time to settle and enjoy regular meals again. Savannah, another recent arrival, has joined us because she was being bullied by the other cats in the household and Mike Meowski has joined us from our vets having been found as a stray. This lovely lad, like dear little Anya, has only one eye. On investigation by his vet a very small eyeball was found, which has now been removed to ensure no future problems for him. He too is a very friendly and affectionate cat and will be going for his post op check shortly.

Of the other cats still in care, I am somewhat surprised to have had no enquiries for Marcus, especially as he is a ginger and white boy who is a joy to look after as he loves a fuss. Harley too, is making progress that have included changes in his diet and further monitoring of his insulin requirements before being put up for adoption. Sadly Angus (misnamed as Arthur last time) has been diagnosed as FIV positive so will need an indoor home, either as the only cat in the household or with other FIV positive cats. He is a very friendly little cat and will make someone an ideal companion if they are looking for a cat that cannot go outside.

If you are interested in receiving help to neuter your cat/kitten, please ring 07880 256948 (to see if you are eligible for a voucher). This number is for vouchers only and will not be able to help with any other enquiries. However, the number also applies for those wishing to take advantage of our special neutering campaign and covers micro-chipping your cat if this has not already been done.

If you are looking for a cat or kitten (or have any other queries) please call 01692 535858. Could callers please call at a reasonable time as the phone is in my home. It is not very pleasant to be woken during the night by someone ringing with a cat related query.

Please be aware that if you are interested in giving one of our cats a home, we prefer contact by phone rather than by the contact form on our website, www.northwalsham.cats.org.uk. All enquiries for cats and kittens should be received via the phone number or email address. Although I use a computer for cat work, I only check the contact forms once a day, so there is a delay in responding to enquiries this way and as we deal with enquiries on a first come first serve policy, I may have already spoken to someone who is interested in giving the cat you are interested in a home. If someone has already shown an interest in the particular cat you are interested in, we may wait until they have made a decision before contacting you.

We are on Facebook. You can find us under Cats Protection North Walsham



Marcus

Norwich Gilbert and Sullivan Society

On Saturday 7 November Norwich Gilbert and Sullivan Society present a semi-staged concert version of "THE PIRATES OF PENZANCE" at St. Cuthbert's Church, Wroxham Road, Sprowston, Norwich NR7 8TZ at 2.30pm. The principals, who will be in costume, include David Ivins (Major-General), Tim Hurst-Brown (Pirate King), Andrew Inglis (Frederic), Kevin Jeckells (Samuel), Luke Davey (Sergeant of Police), Becky Pick (Mabel), Beverley McInnes (Edith), Teresa Clayton (Kate) and Pam Warren (Ruth). There is a strong supporting chorus. Patrick Monk is Musical Director; Peter Woods is Accompanist; and the Director is Tim Hurst-Brown.

PIRATES was premiered at The Royal Bijou Theatre, Paignton, Devon on 31 December 1879. The show was never out of the repertoire of the D'Oyly Carte Opera Company, always being one of the most popular of the Savoy Operas. The D'Oyly Carte continued to perform the show right up until the company closed in 1982. When the D'Oyly Carte visited the Theatre Royal, Norwich for the last time in May 1981, PIRATES was in the repertoire. Among many delightful songs in the show are "Poor wand'ring one", "I am the very model of a modern Major-General", "When the foeman bears his steel", "With cat-like tread" and "A Policeman's lot is not a happy one."

Gilbert and Sullivan enthusiasts now have a great opportunity to hear Sir Arthur Sullivan's captivating music coupled with W. S. Gilbert's biting wit in this exciting and rollicking concert version of PIRATES. Entrance is free, though there is a suggested donation of £5 to help defray expenses. Refreshments will be served during the interval.

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Autumn Meetings



For our meeting on 18th September, members and guests enjoyed a talk by Helen Murray about local Norfolk boy Harold Higgs who during his first voyage had to fight for survival after his sailing ship Carnarvon Castle caught fire and sank a thousand miles from land. This is the subject of her latest book, *Sharks, Shipwreck and Survival*.

Our next meeting, on Friday 23rd October, at the Holt Venue, will be a talk entitled "Nigel at the Tower". It will tell how an enterprising couple converted the Control Tower of the former RAF station at North Creake into a successful vegan B&B.

The Control Tower was originally built in 1943 to control all take-offs and landings primarily of 199 and 171 Squadrons. These were part of the highly secretive 100 Group of Bomber Command, where their mission was to carry out secret radio counter measures.

The Tower has had many uses since then, but in June 2014 it was transformed into a B&B.

For our meeting on 20th November, we are looking forward to a talk from the manager of Adnams wine shop in Holt, and for our meeting on 14th December, Miranda Mitchell from Hayes+Storr will be talking about the Life and Times of a local lawyer.

For all our events, doors will open at the Venue at 6.30pm for a 7.00pm

Holt and District Probus Club

The September meeting of Holt and District Probus Club at The Feathers in Holt was on the 2nd September. After lunch, members were introduced to Sue Smart to hear her talk about former pupils of Gresham's School who died in the First World War.

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The former control tower at RAF North Creake

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Sort Code: 203081:
Account Number: 90492655, Reference: Event.

2. Card payment. To pay by card scan the QR code. Enter the amount, your name and "event".



Placing the story in context, Sue traced the foundation of the school in 1555 by Sir John Gresham, and its development at the start of the 20th Century under the auspices of the headmaster George Howson, and his paternal relationship with his students.

Sue brought to life the stories of over 110 former pupils and staff that perished - a devastating loss for one small school. Using a forgotten archive of letters and original documents written by the young men themselves, Sue painted poignant and moving portraits of their lives, dreams and ultimate sacrifice.

Sue was a history teacher at Gresham's and a Deputy Head. Her story was of a single, fateful generation from Gresham's School who answered the call to arms in the Great War and never returned.



Holt Probus Club meets for lunch, followed by a talk on the first Wednesday each month at The Feathers Hotel in Holt. Always on the lookout for new members, any interested gentlemen should contact Dave Wyeth at dave.wyeth@icloud.com or find the club on the web at holtprobusclub.com.

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From Steff Aquarone MP

Putting hundreds of pounds back in people's pockets

If you have been to the supermarket recently, filled up the car, renewed your mortgage, or simply opened your latest household bills, you probably don't need me to tell you that life feels expensive.

For many families across North Norfolk, the sums simply don't add up in the way they once did. People are working hard. They are doing everything they can to get by. But food, energy, housing and transport all take their share before the month is over. In a rural area like ours, some of those costs are particularly difficult to avoid.

For many people, having a car is not a luxury. It is how you get to work, take the children to school, attend a hospital appointment or look after family. That is why I was pleased this month to back the Liberal Democrats' plan to cut the amount of tax paid by millions of working people.

I want to see the tax-free Personal Allowance increased from £12,570 to £15,000, alongside an increase in the equivalent National Insurance threshold. Taken together, those changes are estimated to leave most taxpayers around £680 a year better off. They would also mean around 2.5 million of the lowest-paid workers no longer paying Income Tax at all. £680 over the course of a year will mean different things to different households. It could help with the weekly shop, winter heating bills, keeping a car on the road or dealing with one of those unexpected expenses that always seem to arrive at the worst possible moment. And that matters.

It's simple: if you work hard and earn your money, I believe you should be able to keep more of it.

I also want to see the point at which people start paying the 40% rate of Income Tax increased to £56,000. The estimate is that this would take around 760,000 people out of paying the higher rate altogether.

Nurses, teachers, engineers and other working people should not find themselves pulled into a higher tax band simply because thresholds have failed to keep pace with earnings.

Here in North Norfolk, I see every week how hard people work.



North Norfolk Photographic Society - Sheringham 1940s Weekend



Paul Radden



Archie Dundas



Val Walker

The Sheringham 1940s Weekend is a great opportunity for any photographer and of course some of our members decided to go along.

This year's weekend was a fantastic two days, and it is always a treat to see so many people getting dressed up in their period outfits. Hopefully the photographs show off this year's amazing event that was enjoyed by so many locals and visitors.

If you would like to know more about our friendly club then please come along to a meeting. Your first visit is free of charge with no obligation to join and the meetings take place on the first and third Wednesday of each month from September to June starting at 7.30pm in the Bodham Village Hall, Bodham, NR25 6AD For membership enquiries

email:

membership@nnps.uk

For more information

visit: www.nnps.uk

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North Norfolk u3a Holiday to County Durham in July 2026

Mary really did us proud this year. What a fantastic

holiday we enjoyed to County Durham.

On the journey up to Durham, we stopped at the National Trust's Clumber Park where we did our best to see much of the 3,800 acres, including the beautiful lake and kitchen gardens; did you know, Clumber Park is home to the National Rhubarb Collection!

Arriving at our hotel, the splendid looking Redworth Hall Hotel in Newton Aycliff, up a long, tree lined drive was magnificent to behold, and we were made very welcome.

We spent the day in Bishop Auckland with a Blue Badge Guide and visited the Bishop's Palace, which was really impressive, just look how they used to dine back in the day! I just loved to read the quotes written on the tablecloth.

We also visited two art galleries in the town, the Spanish Gallery and the



Mining Gallery, both part of the regeneration scheme for the area which aims to bring this historic market town into a 21st century cultural and heritage centre.

On Friday we again met with our Blue Badge Guide who took us first to the National Trust's Crook Hall Gardens which must be one of the smallest properties they own but they were an absolute delight... on with the tour as we then walked into the centre of Durham where some of the group visited the Cathedral with the guide whilst others chose to stroll round the city.

Saturday, we headed for the famous Beamish Outdoor museum where many of us had to buy waterproof ponchos to wear as we walked around the site. Some of us caught a tram to visit life in the 1820s at Pockerley, the 1900s town and pit village, the 1940s farm or the 1950s town. So much to see in that interesting place.

Then in the evening for the star of the holiday; a visit to Kynren, an event most of us had never heard of but we had tickets for seats in the centre of the stand to get the best view of the most spectacular outdoor event imaginable.

Involving 1000 local volunteers, a series of cameos opened up in front of us telling the epic story of England through 2000 years of history from the Romans, St Cuthbert, King Arthur, Viking invasions and Anglo-Saxon warfare; Knights jousting for the Prince Bishop, Queen Elizabeth I and Shakespeare, Victorian Britain in celebration; a full-size steam locomotive crossing the stage and much more across 29 dramatic scenes. There were stunning special effects, and pyrotechnics and it is one of the UK's most spectacular live events.

On Sunday we travelled home via Raby Castle, another beautiful place to visit. The perimeter of the castle had been sown with a stunning display of wildflowers, and we had ample time to explore both the interesting castle itself and the beautiful, more formal gardens too.

Thank you, Mary, not just for this year's holiday but for many wonderful years of organising holidays and day trips. Your time, thought and effort have given so many people the opportunity to enjoy new places, make happy memories and share wonderful experiences together.

<https://www.northnorfolku3a.org.uk>



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In cosmetic dermatology, technology moves rapidly. Every year brings new devices promising flawless skin, yet many individuals find themselves navigating a sea of one-size-fits-all treatments that fail to deliver. True skin transformation requires more than just high-tech equipment - it demands deep medical expertise, diagnostic precision, and an individualised approach.

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Understanding the Difference: IPL vs. Laser

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“Advanced laser technology is a powerful tool, but the practitioner's diagnostic skill and understanding of tissue interaction ultimately dictate the outcome.”

Begin Your Skin Health Journey

Whether you are seeking to reverse years of sun damage, manage persistent vascular conditions, or refine overall skin texture, a tailored approach ensures lasting results.

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October - and it's time to get into the spirit of things (see what we mean?) at The Museum of the Broads.

Of course you see what we mean! You can't say October without instantly thinking Halloween. From

Black Shuck to the haunting at St Benet's Abbey, Norfolk and The Broads are spectacularly spooky.

But first - look at some more earthly - but still exciting - things we have for you this month -

Wednesday 1st October – 22nd October

10am - 4pm Autumn Trail ~ Hidden Habitats and Curious Crafts!

Explore the museum for hidden habitats! This is a real chance to discover the wildlife who live in them - and have a go at making a bug home! How cool is that?

Saturday 25th October – Sunday 2nd November

'Tall Tales' Trail & make your own 'Luminous Lantern!' 10am - 4pm

This could just be where the spooky side starts. It's a 'Truth or Dare' Trail! Dare to discover which tales are true and which are false and make your own luminous lantern to light your way home!

And finally - of course -

Halloween Trail

October just October isn't without the Halloween Trail at The Museum of the Broads. We're all about bringing the stories of the Broads alive so come and explore our spooky past.

Sunday 22 to Sunday 29 October (open Sunday to Friday), it's (drum roll please!) the one and spooky only - Broadland Ghosts Halloween Trail!

Come if you dare - and check out chilling stories and legends. Be aware - the Wroxham witches are back! Broomsticks have landed. Can you outwit the witches? Complete the trail and win a prize!

Our storyteller will tell more ghost stories of the Broads at 11.45 and 2.00pm each day.

Free entry to all 12s and under! £5.50 for 13- to 17-year-olds and £9.50 for adults (18+). Pay once and return as many times as you like for one year! Bring a picnic and enjoy our riverside setting. Dogs most welcome too.

Come and see us soon before 2026 is over. And - remember that deal - once you've paid your initial admission to Museum your ticket is valid for 12 months! That's a Broadland bargain!

We're really looking forward to seeing you in October before we close in November. But you're welcome back in 2027!

We're at - The Poor's Staithe, Stalham, NR12 9DA That's just off the A149 at the turning to Richardson's Boatyard.

We're open six days a week - Tuesday to Sunday. You're welcome. The kids are welcome (and if they're under 12, they get free entry to the Muse-um). The dog is welcome.

What are you waiting for?

Check out all the details at -

www.museumofthebroads.org.uk

Mud & Moon Theatre Co Builds on Summer Success with Acting Collective



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Founded by professional actor and screenwriter Laura Guest and trained actor and qualified teacher Amy Mallett, Mud & Moon Theatre Co. launched its first A Play in 5 Days this summer, bringing together a group of ten young people to create an original piece of theatre from scratch.

Over the course of the week, the young performers developed their own characters and ideas around their chosen theme of time travel, before rehearsing and presenting their finished play, The Ancient Staff of Time, to family and friends.

The children's events with Mud & Moon's trademark series 'A Play in...' returns this October with #A Halloween Play in 3 Days for 7–10-year-olds at Sheringham Community Centre, where children will create and perform their own spooky mini play. A Christmas Play in 3 Days adventure for 11–16-year-olds will follow in December. The popular A Play In 5 Days will return in 2027. But first, attention turns to the grown-ups!

On Sunday 27th September from 6-9pm at East Runton Village Hall, Mud & Moon launched The Acting Collective, six Sunday evenings designed to bring Norfolk's acting community together.



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The Craft, led by Amy, gives actors 90 minutes to work on their craft, voice, confidence and performance skills. Amy said, "It is a welcoming space so whether you are just nervously starting out or a professional actor looking to keep your skills tuned, you will find it hugely beneficial".

Straight after The Craft, Laura leads The Professionals, a working space looking at the business and mindset behind building and maintaining an acting career, alongside practical audition and self-tape work.

Laura said: "We're really excited to already have complete beginners to professional actors signed up. We want The Acting Collective to be a place where Norfolk actors can work on their craft, connect with like-minded people and keep moving forward, both creatively and professionally."



The Acting Collective can be booked as a six-week block or pay as you go! It is something that can be joined at any point during the six weeks and we hope to do more of them in the future. The Acting Collective began Sunday 27th September.

**A Halloween Play in 3 Days runs
27th–29th October and A Christmas
Play in 3 Days runs from 28th - 30th
December.**

**For further information and
booking details please visit:
[www.lauraguest.co.uk/
mud-and-moon](http://www.lauraguest.co.uk/mud-and-moon)**

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1st Holt Scouts

As we settle down to regular Scouting after the summer break, it is time to look back on how the 1st Holt Scout Group has been getting on so far this year, and to look to the future of Scouting as a movement.

Scouting has always been about giving young people 'Skills for Life', but it has always been and even more so in today's hectic, modern world a 'Place to Belong'. Somewhere to meet with friends and to be yourself, without fear of being judged. That goes for our volunteers as well as our youth members. The 1st Holt Scout Group, like all others is welcoming and friendly, our leadership team members do their best to provide safe and friendly environment for your young people to meet and experience new ideas and learn about friendships and what they are able to achieve by themselves and with others. 2026 so far has been a growth year for us so far:

Beavers and Cubs – Our numbers have grown; with our both Sections now having very healthy membership levels.

Scouts – This section too has seen an increase as new members come through from the Cub Pack, which is the natural way of things. We are delighted to have also welcomed new Scouts who have joined with no previous Scouting experience.

Explorer Scouts – unit numbers are good although we do have room for more members should anyone wish to come along and see what Explorer Scouting (for those aged 14 – 18 years) is all about. The programme for Explorer Scouts has been rewritten and launched with our return in September. The Unit Leadership Team is looking forward to bringing it to the Unit members over the autumn months.

All of these youth sections made the best of the wonderful summer weather with lots of outdoor activities and adventures exploring our town and the surrounding countryside.

Scout Network – One of our members has been selected to join the first ever UK led International Expedition to complete the 'Scout of the World Award' (SOWA) to Ghana. The group of 20 Networkers are going, in partnership with 'Village by Village' and will be working on projects around sustainability as well as encouraging the introduction and furthering of Scouting.

Recent News – During the summer, members of the Group Leadership Team ran a fund raising 'Street Food Stall' at the Music Night held at All Saints Church, High Kelling. It was great fun; everyone enjoyed the food and all profits went to boost the Group funds.



cricket. There's no commitment at this stage. We're simply gauging interest and seeing how many people would like to get involved.

Interested in playing?

Fancy volunteering?

Contact via email (bishop1501@gmail.com),
Phone/WhatsApp (07979 124355)
or Facebook (Holt cricket club Norfolk)

The Explorer Unit played host to a small group of Palestinian refugees who were on a visit organised by Amnesty International. We joined them and members of the local branch of AI at Sheringham Beach, where we played games and enjoyed introducing them to the chilly North Sea. Many of them had never seen the sea and were unsure about whether the sand was safe to walk on, but once they got over their initial fears we all had a fantastic time, with the RNLI Lifeguards watching over us, as well as everyone else who was on the beach. We then went back to our HQ in Holt where everyone enjoyed a BBQ. Our thank must go to Allards Butchers for providing us with the Hallal Chicken, which everyone thoroughly enjoyed. It was very good of Sarah Tribe, Holt's Mayor, to come and spend time with everyone once we were back at the HQ.

Future Events – We are looking forward to running our Cake and Cuppa event in St Andrew's Church Hall during the December Christmas Market Day as well as our annual raffle and children's tombola stand during the Town's Christmas Lights event in November. We look forward to seeing many of you there.

Squirrel Scouts - We still have young people aged 4 – 6 years, who want to join as Squirrel Scouts on our waiting list. Unfortunately, we cannot accept them yet as we do not have any adult leaders who are able to take on the role of Drey Leaders.

Volunteers - If anyone would like to know more about joining our wonderful game of Scouting and volunteer as a member either, as part of our Leadership Team or to offer their help in any other way; or if you know of any young person aged between 4 and 25 years, who would like to become a Scout then please get in touch with me via our website pages.

Gaffer (AKA Trevor Banks)
Group Lead Volunteer

<https://www.1stholt.org.uk>



Is Cricket Coming Back to Holt?

Fancy being part of it?

We're looking at reforming Holt CC and want to know who's interested!

Whether you're:

- 🏏 A seasoned cricketer
- 🌱 Getting back into the game

😊 Completely new to

cricket. There's no commitment at this stage. We're simply gauging interest and seeing how many people would like to get involved.

Interested in playing?

Fancy volunteering?

Contact via email (bishop1501@gmail.com),
Phone/WhatsApp (07979 124355)
or Facebook (Holt cricket club Norfolk)

Blakeney Bar High Tides								
Date	BST	Height	Date	BST	Height	Date	GMT	Height
08-Oct	05:17	5.30 m	20-Oct	01:36	4.20 m	31-Oct	09:35	5.30 m
	18:08	5.40 m		14:58	4.20 m		21:44	5.10 m
09-Oct	06:02	5.60 m	21-Oct	03:05	4.40 m	01-Nov	10:42	4.90 m
	18:46	5.60 m		16:03	4.40 m		22:48	4.80 m
10-Oct	06:41	5.80 m	22-Oct	04:03	4.70 m	02-Nov	12:15	4.60 m
	19:20	5.60 m		16:54	4.80 m	03-Nov	00:17	4.70 m
11-Oct	07:19	5.80 m	23-Oct	04:49	5.00 m		13:44	4.60 m
	19:51	5.60 m		17:34	5.10 m	04-Nov	01:45	4.70 m
12-Oct	07:57	5.80 m	24-Oct	05:30	5.30 m		14:54	4.80 m
	20:22	5.60 m		18:10	5.30 m	05-Nov	02:52	5.00 m
13-Oct	08:32	5.70 m	Date	GMT	Height		15:52	5.00 m
	20:50	5.50 m	25-Oct	06:08	5.60 m	06-Nov	03:47	5.20 m
14-Oct	09:07	5.50 m		18:46	5.50 m		16:36	5.20 m
	21:17	5.40 m	26-Oct	06:47	5.80 m	07-Nov	04:33	5.40 m
15-Oct	09:39	5.30 m		19:21	5.60 m		17:14	5.40 m
	21:44	5.20 m	27-Oct	07:28	5.90 m	08-Nov	05:15	5.50 m
16-Oct	10:10	5.00 m		19:57	5.70 m		17:47	5.50 m
	22:14	5.00 m	28-Oct	08:10	5.90 m	09-Nov	05:55	5.60 m
17-Oct	10:48	4.60 m		20:33	5.70 m		18:19	5.50 m
	22:53	4.70 m	29-Oct	07:54	5.80 m	10-Nov	06:33	5.50 m
18-Oct	11:44	4.30 m		20:13	5.60 m		18:51	5.50 m
	23:50	4.40 m	30-Oct	08:42	5.60 m	11-Nov	07:09	5.40 m
19-Oct	13:22	4.10 m		20:55	5.40 m		19:21	5.50 m

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Holt Bowls Club

Try bowls; it will surprise you!

Well, where on earth has the season gone to! Our club is now closed for outdoor bowls until next April

and we will be counting down the weeks and days.

Congratulation to the Holt Swallows who won their division and gained promotion. The Swallows are one of four teams from Holt Bowls Club that enter leagues played throughout North Norfolk. Under the new management of Linda and Rob Ownsworth they took over just two weeks before their first game.

With barely 13 fit players in the Swallows squad, they had their work cut out for them. The Swallows won their first three matches and then had two defeats. Undeterred the bowlers tightened their belts set their caps on straight and decided enough was enough. A winning streak started, the whole team pulled together, the experienced skips guided their players, showed grit and determination for the rest of the season. The Mundesley initial game was a 0-8 loss. In the

final stages of the league and season the Swallows managed to turn the loss into a 8-0 win. They are now 'resting' for the winter and will be champing at the bit for the 2027 season in league one.

Holt held the 'Last Person Standing' competition on 8th September, Sheringham Morley and Suffield Park joined in and a great afternoon was had by all. The aim of the game is that the four nearest woods to the jack get 10 points

shared between them, with the wood furthest from the jack removed from the green. All players start with four woods, and they dwindle down until only one bowler has a wood. Great fun. The five winners from the five rinks then play each other until the winner is declared, this year it was Ray Carter, congratulations Ray. However, the real winner of the afternoon was Prostate Cancer with £400.00 raised for the charity, through entrance fees and raffle.



(L) Patsy Cole VP Norfolk,
(R) Jean Phillips EBF President

The Holt ladies won the North Norfolk Ladies League for the fourth time this year. To celebrate they invited all the ladies from the other participating clubs to a proper afternoon tea, which after a game of bowls went down extremely well.



Swallows Squad

A further report from the EBF National Finals the Norfolk ladies won the Victrix Ludorum trophy, which means that they competed in more competitions in the National Finals week than the other counties. Well done ladies. Deputy President Patsy Coles accepted the trophy from the National President Jean Phillips.

Holt held their club finals competitions on the 12th and 13th Sept, we had sun, cloud, rain, beautiful sunsets and everything in between. All the competitions were fought with great gamesmanship and in the spirit of bowls. Congratulations to all the winners, commiserations to all the runners up.

Our presentation lunch is being held on Wednesday 21st October at Sheringham Golf Club a full report will be in the next issue.

More details of winter events will be published on our website www.holtbowlsclub.co.uk. If you would like further information regarding the 2027 outdoor season, contact our Chairman Philip Fergusson on 07548 030652.



Sheringham Ramblers Walks:

October-November 2026

All walks commence at 10.00am unless otherwise stated.

Interested in joining the Ramblers? – come along for a taster walk, or if you wish to bring a dog on any walk, please contact the Walk Leader beforehand - leave a message and they will respond.

Sunday 11th October: 6.5-mile Sheringham to Holt linear walk. Return from Holt on the #44 bus which leaves from outside the EACH charity shop in the Holt Market Square. Holt has a range of tea shops and pubs that you may want to take advantage of after the walk so no particular bus time is given. Walk Difficulty: Leisurely. Contact: 07484 207475

Wednesday 14th October: 5.9-mile circular walk along the Clifftop, over Skelding Hill and inland towards Sheringham Park and Upper Sheringham. Clifftop stretch is undulating in places otherwise coastal and park/field paths with some on road towards the end. Walk Difficulty: Moderate. Contact: 07752 642913 or 07512 791978

Sunday 25th October: 6-mile circular walk on paths and lanes around Aldborough.

Walk Difficulty: Leisurely. Contact: 07818 453379

Wednesday 28th October: 5.5-mile circular walk on paths and quiet lanes around Salthouse.

Walk Difficulty: Leisurely. Contact: 07484 207475

Friday 30th October: 4.5-mile pre-AGM circular walk around Sheringham Park and its surrounds.

SDG AGM starts at 12.30 followed by light lunch for SDG members only.

Walk Difficulty: Leisurely. Contact: 07752 642913 or 07512 791978

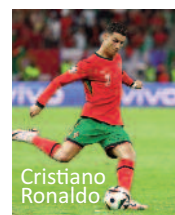
Sunday 8th November: 6.6-mile Itteringham - Blickling circular walk with lunch stop at the

Mausoleum, then the Tower, Bucks Common, Bunker's Hill Plantation and along the river Bure back to Itteringham.

Walk Difficulty: Leisurely. Contact: 07957 813862

Footie Quiz - Noughties - Blast from the past

- Who scored the first Arsenal goal in their FA Cup final win in 2002?
- From which club did Manchester United sign Cristiano Ronaldo in 2003? Pictured
- Who was the only player to score a goal in an FA Cup final for a losing team between 1994 and 2005?
- Who made his debut for England in August 2006 against Greece and won his dad a big money bet in the process?
- Where were the 2006 World Cup finals held?
- England lost on penalties to Portugal in 2006. Who was England manager at the time?
- Which is the only English team never to be beaten by Manchester United but who have beaten them?
- Who is the oldest player to score in the Premiership?
- Who is the only player to score in four different FA Cup Finals?
- Who is the youngest Premiership goal scorer?



**Answers are upside down in this issue elsewhere
- No cheating!**



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